

JAN 23 2008

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# SENATE CONCURRENT RESOLUTION

REQUESTING THAT THE DEPARTMENT OF EDUCATION ALLOW CREDITS FOR  
CURRENT PARTICIPATION IN EXTRACURRICULAR SPORTS FOR ALL  
HIGH SCHOOL STUDENTS TO ENCOURAGE PHYSICAL FITNESS AND  
MENTAL WELL-BEING AND SUPPORT A REDUCTION IN OBESITY  
AMONGST HIGH SCHOOL STUDENTS.

1           WHEREAS, according to a report on obesity, dated August 27,  
2 2007, by the Trust for America's Health, Hawaii's youth are the  
3 twenty-ninth most obese in the nation and eighty-one per cent of  
4 Americans believe that the government should have a role in  
5 addressing obesity; and

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7           WHEREAS, according to a United States Department of Health  
8 and Human Services report released in 2003, one out of every  
9 eight deaths in America are caused by an illness directly  
10 related to obesity, including but not limited to diabetes, heart  
11 disease, and asthma; and

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13           WHEREAS, according to a nutrition education needs  
14 assessment survey conducted in Hawaii public schools from 2000  
15 to 2004, over thirty-six per cent of high school students are  
16 either overweight or at risk for obesity; and

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18           WHEREAS, the Hawaii High School Athletic Association offers  
19 a variety of extracurricular sports to promote the educational  
20 experiences and physical benefits for all students; and

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22           WHEREAS, the United States Department of Health recommends  
23 a minimum of sixty minutes of physical activity at least three  
24 times a week; and

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26           WHEREAS, students who participate in extracurricular sports  
27 generally average an additional eight hours of exercise every  
28 week; and

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1 WHEREAS, participation in extracurricular sports for credit  
 2 assists high school students in becoming physically fit and  
 3 toward achieving the twenty-four credit requirement to graduate;  
 4 now, therefore,  
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6 BE IT RESOLVED by the Senate of the Twenty-fourth  
 7 Legislature of the State of Hawaii, Regular Session of 2008, the  
 8 House of Representatives concurring, that the 2007 Hawaii  
 9 Secondary Student Conference recommends that the Board of  
 10 Education provide credits toward graduation for those students  
 11 participating in extracurricular sports in an effort to  
 12 encourage physical fitness and mental well-being, and to reduce  
 13 the rate of obesity amongst high school students; and  
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15 BE IT FURTHER RESOLVED that certified copies of this  
 16 Concurrent Resolution be transmitted to the Governor of the  
 17 State of Hawaii, the Superintendent of Education, the  
 18 Chairperson of the Board of Education, the officers of the  
 19 Hawaii State Student Council, the principals of all Hawaii high  
 20 schools, and all Chairpersons of the School Community Councils.  
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OFFERED BY: Suzanne Chun Oalland  
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