

MAR 13 2008

SENATE CONCURRENT RESOLUTION

REQUESTING THE DEPARTMENT OF EDUCATION AND THE HAWAII PUBLIC
SCHOOL FOOD SERVICE TO CONTINUE DEVELOPING NUTRITIONALLY-
SOUND PUBLIC SCHOOL MENUS WITH VEGETARIAN OPTIONS.

1 WHEREAS, all students attending public schools should have
2 access to nutritionally-balanced food choices that will help
3 them to become healthy adults; and
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5 WHEREAS, diets that include fruits, vegetables, and whole
6 grains have been proven to promote good health and well-being,
7 and to ward off the effects of obesity and malnutrition that
8 have become prevalent in our American culture; and
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10 WHEREAS, fruits, vegetables, and whole grains contain
11 fiber, essential nutrients, phytochemicals, are low in fat and
12 calories, and contain no cholesterol; and
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14 WHEREAS, diets high in fruits, vegetables, and whole grains
15 may provide additional protection against the risk of certain
16 cancers and heart disease; and
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18 WHEREAS, the American Academy of Pediatrics, American
19 Cancer Society, American Dietetic Association, American Heart
20 Association, and National Institute of Health recommend that
21 diets should include a balance of fruits, vegetables, and whole
22 grains; and
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24 WHEREAS, the Vegetarian Society has expressed interest in
25 working with the Department of Education to explore vegetarian
26 options at public schools; and
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28 WHEREAS, the Department of Education has instituted a
29 three-year plan to meet nutrition objectives through its
30 wellness policy; and
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1 WHEREAS, it is requested that the Department of Education
2 move forward with the implementation of its wellness policy,
3 focusing on using more fresh fruits and vegetables, minimizing
4 trans fat, and adding more whole grains into their recipes; and
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6 WHEREAS, it is also requested that the Department of
7 Education allow School Food Service Managers to provide an
8 alternate protein item in accordance with the USDA meal pattern
9 requirement for the National School Lunch Program; now,
10 therefore,
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12 BE IT RESOLVED by the Senate of the Twenty-fourth
13 Legislature of the State of Hawaii, Regular Session of 2008, the
14 House of Representatives concurring, that the Department of
15 Education and the Hawaii public school food service are
16 requested to continue to develop nutritionally-sound public
17 school menus with vegetarian options; and
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19 BE IT FURTHER RESOLVED that any Department of Education
20 school may voluntarily implement a pilot project making
21 vegetarian menu options available as supplements to existing
22 school menus; and
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24 BE IT FURTHER RESOLVED that the Department of Education is
25 requested to submit a report to the Legislature no later than
26 twenty days prior to the convening of the Regular Session of
27 2009, on public school menu plans that incorporate fresh fruits
28 and vegetables, whole grains, and minimize trans fats; and
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30 BE IT FURTHER RESOLVED that certified copies of this
31 Concurrent Resolution be transmitted to the Governor, the
32 Chairperson of the Board of Education, and the Superintendent of
33 Education.
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OFFERED BY: David Y. Lee
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