JAN 18 2008

## A BILL FOR AN ACT

RELATING TO COGNITIVE RESTRUCTURING.

#### BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

1 SECTION 1. The legislature finds there is a

2 disproportionately high rate of arrest and incarceration among

3 young men and women of Hawaiian ancestry. It is estimated that

of the over two thousand incarcerated Hawaiians, seventy per

5 cent are between twenty and forty years of age.

6 A promising approach to reducing recidivism and helping

inmates make the successful transition from prison to the

community is cognitive restructuring and transition programs

9 provided at correctional facilities. Such programs involve

10 self-examination of an inmate's belief system, criminal

11 addictive cycle, attitudes and thinking patterns, and develop

12 relapse prevention plans for future situations. The program

13 assists offenders in restructuring their thought processes and

teaches cognitive skills that help with basic decision-making

and problem-solving. The goal of cognitive restructuring is to

16 guide offenders to consciously examine their own thoughts by

engaging in processes that develop self control, thus making

them responsible for, and in charge of, their actions no matter

SB HMS 2008-1149

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# S.B. NO. 2353

- 1 how stressful the situation. When combined with strategies that
- 2 help Hawaiian inmates get back in touch with the values of their
- 3 culture, cognitive rehabilitation can help break the vicious
- 4 cycle of crime and punishment as knowledge of Hawaiian
- 5 traditions and cultural values have helped many cope with social
- 6 challenges.
- 7 The purpose of this Act is to provide the department of
- 8 public safety funding to establish reintegration programs within
- 9 correctional facilities combining cognitive behavioral theory
- 10 with Native Hawaiian holistic interventions to address domestic
- 11 violence, addictions, self mastery through identity, and
- 12 community connections for successful transitions back into the
- 13 community.
- 14 SECTION 2. There is appropriated out of the general
- 15 revenues of the State of Hawaii the sum of \$250,000 or so much
- 16 thereof as may be necessary for fiscal year 2008-2009 for
- 17 cognitive restructuring reintegration programs using Native
- 18 Hawaiian holistic methods for incarcerated persons.
- 19 The sum appropriated shall be expended by the department of
- 20 public safety for the purposes of this Act.

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1 SECTION 3. This Act shall take effect on July 1, 2008.

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INTRODUCED BY: Shranne Chum aallaul

### Report Title:

Corrections; Rehabilitation

### Description:

Appropriates funds for the Department of Public Safety to provide reintegration programs that combine cognitive behavioral theory with Native Hawaiian holistic interventions that address domestic violence, addictions, self mastery through identity, and community connections for successful transitions back into the community.