A BILL FOR AN ACT

RELATING TO CORRECTIONS.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

1 SECTION 1. The legislature finds that, according to the 2 department of public safety, Hawaii parolees incarcerated in the State had a deplorable recidivism rate of between forty-seven 3 4 and fifty-seven per cent. The recidivism rate for inmates who 5 were housed at out-of-state facilities was even higher, ranging 6 from fifty to seventy-eight per cent. A promising approach to 7 reducing recidivism and helping inmates make the successful 8 transition from prison to the community is to establish a 9 cognitive restructuring and transition program at correctional 10 facilities. 11 Cognitive restructuring is based on the principle that 12 thinking, an internal behavior, controls overt actions, an external behavior. Cognitive restructuring focuses on the way 13 14 thoughts and beliefs drive a person's behavior. A cognitive 15 restructuring program for inmates involves self-examination of 16 their belief system, criminal addictive cycle, attitudes and thinking patterns, and develops a relapse prevention plan for 17 18 future situations. The program assists offenders in



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- 1 "restructuring" their thought process and teaches cognitive
- 2 skills that help them with basic decision-making and problem-
- 3 solving. The goal of cognitive restructuring is to guide
- 4 offenders to consciously examine their own thoughts by engaging
- 5 in processes that develop self control, thus making them
- 6 responsible for, and in charge of, their actions no matter how
- 7 stressful the situation.
- 8 The legislature further finds that transition programs
- 9 prepare an inmate to make a successful transition from prison to
- 10 the community by assisting them with skills to find housing,
- 11 prepare for employment, learn money management, and obtain
- 12 support from other resources to become productive, law-abiding
- 13 citizens.
- 14 The purpose of this Act is to appropriate funds to
- 15 establish a cognitive restructuring and transition pilot program
- 16 in the county of Hawaii to help inmates achieve a successful
- 17 transition into the community.
- 18 SECTION 2. The cognitive restructuring transition pilot
- 19 program shall teach specific skills that include problem
- 20 solving, social skills training, anger management, and empathy
- 21 training. The cognitive restructuring and transition pilot



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- 1 program shall be established in the county of Hawaii at Kulani
- 2 correctional facility and Hale Nani.
- 3 SECTION 3. There is appropriated out of the general
- 4 revenues of the State of Hawaii the sum of \$33,000, or so much
- 5 thereof as may be necessary for fiscal year 2007-2008, and the
- 6 same sum, or so much thereof as may be necessary for fiscal year
- 7 2008-2009, for a cognitive restructuring and transition pilot
- 8 program to be established in the county of Hawaii at Kulani
- 9 correctional facility, Hawaii community correctional center, and
- 10 Hale Nani reintegration center.
- 11 The sums appropriated shall be expended by the department
- 12 of public safety for the purposes of this Act.

13 SECTION 4. This Act shall take effect on July 1, 2007.

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INTRODUCED BY:

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Report Title:

Corrections; Transition Programs; Cognitive Restructuring; Hawaii County

Description:

Appropriates funds to the department of public safety to provide a cognitive restructuring and transition program in the county of Hawaii.

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