

BRUCE S. ANDERSON, PHD

### STATE OF HAWAII DEPARTMENT OF HEALTH

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### Testimony in SUPPORT of SB768 SD1 RELATING TO ADOLESCENT MENTAL HEALTH SERVICES

## REP. JOHN M. MIZUNO, CHAIR HOUSE COMMITTEE ON HEALTH

Hearing Date: March 12, 2019, 9:00 AM Room Number: 329

1 **Fiscal Implications:** None.

### 2 Department Testimony:

- 3 The Department of Health is in support of this bill which clarifies the expectations of the health
- 4 plans when an adolescent chooses to consent to mental health services. This bill prohibits health
- 5 plans from disclosing to a policy holder or other covered person any payment information for
- 6 mental health services given upon the consent of a minor according to §577-29, HRS, and
- 7 specifies that the minor, minor's parents or legal guardian are not responsible for out-of-pocket
- 8 payments for minor-initiated mental health services. The suppression of the explanation of
- 9 benefits (EOB) is a standard practice where minor consent laws exist. If such a suppression were
- 10 not required, the minor's privacy would not be retained resulting in a decrease in the access to
- confidential mental health services. Health plans will be required to have standard operating
- 12 practice to suppress the EOB in circumstances where a consenting minor is receiving mental
- 13 health services.
- 14 This bill is a product of a task force led by the Department of Health (DOH), Child and
- Adolescent Mental Health Division (CAMHD) as mandated by Act 13, SLH 2018. The task
- force was comprised of legislators, representatives of health insurers, state agencies, and
- 17 advocates, and community members. A list of task force attendees and a summary of task force
- 18 findings may be found in the task force's legislative report:
- 19 https://www.capitol.hawaii.gov/session2019/bills/DC240\_.pdf.

- 1 **Offered Amendments:** None.
- 2 Thank you for the opportunity to testify on this bill.



# THE FIRST CAUCUS OF THE DEMOCRATIC PARTY OF HAWAI'I

March 8, 2019

House's Committee on Health Hawaii State Capitol 415 South Beretania Street, Room 329 Honolulu, HI 96813

Hearing: Tuesday, March 12, 2019 – 9:00 a.m.

## RE: STRONG SUPPORT for Senate Bill 768 SD 1 – RELATING TO ADOLESCENT MENTAL HEALTH SERVICS

Aloha Chair Mizuno, Vice Chair Kobayashi and fellow committee members,

I am writing in STRONG SUPPORT for Senate Bill 768 Senate Draft 1 on behalf of the LGBT Caucus of the Democratic Party of Hawai'i. SB 768 SD 1 prohibits health plans and providers from disclosing to a policyholder or other covered person any payment or billing information for a minor's mental health services if the minor received the services without the consent or participation of the minor's parent or legal guardian. Specifies that the minor and the minor's parent or legal guardian are not responsible for out-of-pocket payments for minor-initiated mental health treatment or counseling services.

SB 538 stems out of the taskforce that was formed as requirement of Act 13, 2018 which ban conversion therapy for minors. One of the concerns that was raised during the hearings was that by banning conversion therapy LGBTQIA youth would not seek therapy. I am happy to respond, <u>as shown in the report</u>, banning conversion therapy will not stop LGBTQIA youth from seeking therapy.

What the taskforce did find is that there is barrier for ALL minors from seeking mental health care. That barrier can be the minor's parent or guardian they may either not support mental health care or the minor does not want them to know why they are seeking mental health care. SB 768 will help remove that barrier from all minors seeking mental health care.

The LGBT Caucus of the DPH asks that you support this very important bill as it will help ensure that ALL youth will have access to mental health care.

Mahalo nui loa,

Michael Golojuch, Jr. Chair

<u>SB-768-SD-1</u> Submitted on: 3/9/2019 6:56:59 AM

Testimony for HLT on 3/12/2019 9:00:00 AM

| Submitted By  | Organization       | Testifier<br>Position | Present at<br>Hearing |
|---------------|--------------------|-----------------------|-----------------------|
| Mike Golojuch | Rainbow Family 808 | Support               | No                    |

Comments:

I strongly support SB768.

Mike Golojuch, Sr., Board Member



March 9, 2019

The Honorable John M. Mizuno, Chair The Honorable Bertrand Kobayashi, Vice Chair House Committee on Health

Re: SB 768 SD1 – Relating the Adolescent Mental Health Services

Dear Chair Mizuno, Vice Chair Kobayashi, and Members of the Committee:

The Hawaii Medical Service Association (HMSA) appreciates the opportunity to testify on SB 768, SD1, which prohibits health plans and providers from disclosing to a policyholder or other covered person any payment or billing information for a minor's mental health services if the minor received the services without the consent or participation of the minor's parent or legal guardian. It specifies that licensed mental health professionals providing mental health treatment to a minor have a standard of care duty to ask the minor if the minor wants the provision of mental health care services to be kept confidential from the minor's parent or guardian and explain to the minor the meaning of confidential mental health care services. It clarifies that a minor is not responsible for out-of-pocket payments, regardless of parent or guardian participation in treatment or services received. It also specifies that the minor's parent or legal guardian is not responsible for out-of-pocket payments for minor-initiated mental health treatment or counseling services, except in certain circumstances.

HMSA appreciates the intent of this measure to protect the privacy of minors and increase access for mental health services; however, as worded, we have serious concerns on this measure. This bill creates a separate obligation that could undermine the intent of Hawaii's Health Insurance Portability and Accountability Act (HIPAA) Harmonization Law passed in 2012. The Harmonization Law consolidated Hawaii's approximately 50 separate privacy laws and aligned them with HIPAA. Returning to multiple overlapping privacy laws causes confusion and complexity as well as administrative burden for plans and providers. We believe that existing protections for health plan members under HIPAA are sufficient.

HMSA has mechanisms in place to prevent the disclosure of information regarding a member's mental health services if the member informs HMSA that the information should be kept confidential from the policyholder or other covered persons. We ask that health plans not be held liable if we are not properly informed in a timely manner that the mental health services provided should not be disclosed.

Thank you for allowing us to provide testimony on SB 768, SD1.

Sincerely,

Pono Chong

Vice President, Government Relations



### Hawai'i Psychological Association

For a Healthy Hawai'i

P.O. Box 833 Honolulu, HI 96808

www.hawaiipsychology.org

Email: hpaexec@gmail.com Phone: (808) 521-8995

Testimony in SUPPORT of SB768\_SD1
RELATING TO ADOLESCENT MENTAL HEALTH SERVICES

### COMMITTEE ON HEALTH

Rep. John M. Mizuno, Chair Rep. Bertrand Kobayashi, Vice Chair

Tuesday, March 12, 2019 9:00 AM Conference Room 329 State Capitol 415 South Beretania Street

The Hawaii Psychological Association (HPA) supports this bill and its efforts to ensure minors can access counseling and mental health services without their parents' knowledge by clarifying the expectations of the health plans when adolescents choose to consent to their own mental health services. This bill prohibits health plans from disclosing to a policy holder or other covered person any payment information for mental health services that are given upon the consent of a minor according to §577-29, HRS. The bill further specifies that the minor, minor's parents, or legal guardian are not responsible for out-of-pocket payments for minor-initiated mental health services.

The suppression of the explanation of benefits (EOB) by the insurance plan is a standard practice where minor consent laws exist. If such a suppression were not required, the minor's privacy would not be retained, resulting in a decrease in the access to confidential mental health services. Health plans will be required to have standard operating practices to suppress the EOB in circumstances where a consenting minor is receiving mental health services.

This bill is a product of a task force led by the Department of Health (DOH), Child and Adolescent Mental Health Division (CAMHD) as mandated by Act 13, SLH 2018. The task force was comprised of legislators, representatives of health insurers, state agencies, advocates, and community members, including an HPA representative.

A list of task force attendees and a summary of task force findings may be found in the task force's legislative report: <a href="https://www.capitol.hawaii.gov/session2019/bills/DC240\_.pdf">https://www.capitol.hawaii.gov/session2019/bills/DC240\_.pdf</a>.

Thank you for the opportunity to provide input into this important bill.

Sincerely,

Julie Takishima-Lacasa, PhD

Chair, Legislative Action Committee

Hawai'i Psychological Association



# Helping Hawai'i Live Well

To: Representative John Mizuno, Chair, Representative Bertrand Kobayashi, Vice Chair, Members, House Committee on Health

From: Trisha Kajimura, Executive Director

Re: TESTIMONY IN SUPPORT OF SB 768 SD1 RELATING TO ADOLESCENT MENTAL HEALTH SERVICES

Hearing: March 12, 2019, 9:00 am, CR 329

Thank you for hearing **Senate Bill 768 SD1**, which amends Section 323B-3 of the Hawaii Revised Statutes to prohibit health plans and providers from disclosing to a policy holder or other covered person any payment or billing information for a minor's mental health services if the minor received the services without the consent or participation of the minor's parent or legal guardian. The bill also specifies that the minor and the minor's parent or legal guardian are not responsible for out of pocket payments for minor-initiated mental health treatment or counseling services.

Mental Health America of Hawaii (MHAH) is a 501(c)3 organization founded in Hawaii 77 years ago, that serves the community by promoting mental health through advocacy, education and service. We support youth mental health in Hawaii through our Youth Suicide and Bullying Prevention Program and through our advocacy work. In 2016 we provided testimony in support of SB 2886 SD2 HD2 CD1 which became Act 181, allowing minors fourteen years or older to consent to their own mental health treatment. Sometimes youth need to talk to a mental health professional but may not feel safe or comfortable asking their parent for consent for a variety of reasons, which may include family violence, sexual abuse, or substance abuse.

Implementation of Act 181 demonstrated the need for this bill to fulfill Act 181's intention, which is for minors that are unable to disclose their need for mental health services to their parents to be able to receive care without disclosure. Unfortunately it is sometimes critical to their safety that minors are able to receive treatment without their parent or legal guardian finding out. In those cases, it is important that they do not find out through their health insurance company and that they are not responsible for out-of-pocket costs they did not consent to. Youth must also not be held responsible for out-of-pocket costs that would be a barrier to receiving services.

In mental health, access to care is everything and we humbly ask you to authorize this change to increase access for youth in these circumstances. Thank you for considering my **testimony in support of SB 768 SD1**. Please contact me at <u>trisha.kajimura@mentalhealthhawaji.org</u> or (808)521-1846 if you have any questions.

<u>SB-768-SD-1</u> Submitted on: 3/11/2019 4:55:19 AM

Testimony for HLT on 3/12/2019 9:00:00 AM

| Submitted By       | Organization | Testifier<br>Position | Present at<br>Hearing |
|--------------------|--------------|-----------------------|-----------------------|
| Kamuela Werner MPH | Individual   | Support               | No                    |

<u>SB-768-SD-1</u> Submitted on: 3/9/2019 5:27:12 PM

Testimony for HLT on 3/12/2019 9:00:00 AM

| Submitted By | Organization | Testifier<br>Position | Present at<br>Hearing |
|--------------|--------------|-----------------------|-----------------------|
| Lynn Onderko | Individual   | Support               | No                    |



<u>SB-768-SD-1</u> Submitted on: 3/11/2019 10:35:58 PM Testimony for HLT on 3/12/2019 9:00:00 AM

| Submitted By  | Organization | Testifier<br>Position | Present at<br>Hearing |
|---------------|--------------|-----------------------|-----------------------|
| Morgan Bonnet | Individual   | Support               | No                    |



<u>SB-768-SD-1</u> Submitted on: 3/11/2019 11:29:08 PM Testimony for HLT on 3/12/2019 9:00:00 AM

| Submitted By  | Organization  | Testifier<br>Position | Present at<br>Hearing |
|---------------|---|-----------------------|-----------------------|
| Melodie Aduja | O`ahu County<br>Committee on<br>Legislative Priorities of<br>the Democratic Party of<br>Hawai`i | Support               | No                    |