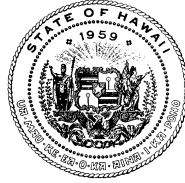


DAVID Y. IGE
GOVERNOR OF HAWAII



CAROLINE CADIRAO
PSM MANAGER

BRUCE ANDERSON
DIRECTOR OF HEALTH

STATE OF HAWAII
EXECUTIVE OFFICE ON AGING
NO. 1 CAPITOL DISTRICT
250 SOUTH HOTEL STREET, SUITE 406
HONOLULU, HAWAII 96813-2831
eoa@doh.hawaii.gov

Testimony in SUPPORT of SB1026
Relating to the Healthy Aging Partnership Program

COMMITTEE ON WAYS AND MEANS
SENATOR DONOVAN DELA CRUZ, CHAIR
SENATOR GIL KEITH-AGARAN, VICE CHAIR

Testimony of Caroline Cadirao
PSM Manager, Executive Office on Aging
Attached Agency to the Department of Health

Hearing Date: February 25, 2019 Room Number: 211
10:30 AM

- 1 **EOA's Position:** The Executive Office on Aging, an attached agency to the Department of
- 2 Health, supports this measure provided that its enactment does not reduce or replace priorities
- 3 within the Administration's executive biennium budget.
- 4 **Fiscal Implications:** This measure appropriates \$605,000 for the Healthy Aging Partnership for
- 5 FY 2019-2020.
- 6 **Purpose and Justification:** Led by the Executive Office on Aging and Department of Health
- 7 Chronic Disease Branch, Hawaii's Healthy Aging Partnership (HHAP) was convened in 2003 to
- 8 improve health of older adults through two evidence-based intervention programs, Better
- 9 Choices Better Health (BCBH) and Enhance®Fitness.
- 10 BCBH is a six-week self-management workshop developed by Stanford University that teaches
- 11 participants skills to manage their health conditions and interact with their health care providers.
- 12 The workshop does not replace prescribed treatment but supports medical-professional treatment

1 plans. In the State of Hawaii, an individual spends on average about \$20,477 per year on
2 emergency room visits and hospitalizations. The National Council on Aging estimates that a
3 BCBH participant saves an average of \$499.12 per year on health care costs. The State of
4 Hawaii BCBH program operates in collaboration with the Hawaii State Department of Health
5 Diabetes Prevention Program. Since its inception, 2,785 individuals across the State participated
6 in BCBH. Pre-and post-test data showed fewer visits to physicians' offices and emergency
7 rooms. In SFY 2018, 92 participants engaged in 10 workshops statewide.

8 Enhance®Fitness is an evidence-based exercise program designed to improve the health of older
9 adults and reduce health care costs by improving cardiovascular fitness, strength, flexibility, and
10 balance. In SFY 2018, Enhance®Fitness was available in the counties of Kauai and Maui. The
11 programs drew a total of 575 participants. Both the BCBH and the Enhance®Fitness programs
12 have shown that older adults with chronic conditions benefit by a focus on self-management
13 techniques and exercises to avoid long term complications of chronic conditions.

14 HHAP received \$550,000 in SFY2017 from the Hawaii State Legislature through ACT 103.
15 HHAP was unsuccessful in its competitive bids for federal funds in 2017. Without additional
16 funding, the HHAP may not be able to continue to offer the BCBH and Enhance®Fitness
17 programs to older adults in the State of Hawaii at its current level.

18 **Recommendation:** HHAP is not part of the Administration's budget request. We support
19 funding this important and effective public health intervention provided that its enactment does
20 not reduce or replace priorities with the Administration's budget request.

21 Thank you for the opportunity to testify.



HAWAII CHAPTER - AMERICAN PHYSICAL THERAPY
ASSOCIATION

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SB1026, RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM

Senate WAM Decision Making Hearing

Monday, Feb 25, 2019 – 10:30 am

Room 211

Position: Support

Chair Dela Cruz, Vice Chair Keith-Agaran, Members of the Senate WAM Committee:

I am Gregg Pacilio, PT and Board President of the Hawaii Chapter of the American Physical Therapy Association (HAPTA), a non-profit professional organization serving more than 300 member Physical Therapists and Physical Therapist Assistants. Our members are employed in hospitals and health care facilities, the Department of Education school system, and private practice. We are movement specialists and are part of the spectrum of care for Hawaii, and provide rehabilitative services for infants and children, youth, adults and the elderly. Rehabilitative services are a vital part of restoring optimum functioning from neuromusculoskeletal injuries and impairments.

HAPTA supports the request for funding for the Healthy Aging Partnership program which has successfully adapted evidence-based health promotion programs and disease prevention programs for the multicultural population in Hawaii. It provides accurate information to our kupuna. It provides classes about healthy living, chronic disease management, arthritis management, and diabetes management to empower kupuna and their caregivers. For example, the Enhanced Fitness program on Kauai allows kupuna to exercise in a safe manner, allowing for increased physical activity which has been shown to improve overall health factors and balance.

The Healthy Aging Partnership program is a valuable resource for the community as well as for physical therapists and other health professionals to refer people for both prevention and post-injury/medical complication for education and improved health.

Your support of SB1026 is appreciated. Thank you for the opportunity to testify. Please feel free to contact Nick Bronowski, HAPTA's Elder Care Chair at (808)546-0937 for further information.

SB-1026

Submitted on: 2/22/2019 5:59:38 PM

Testimony for WAM on 2/25/2019 10:30:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
GARY SIMON	Testifying for Policy Advisory Board for Elder Affairs (PABEA)	Support	No

Comments:

Dear Chair Dela Cruz, Vice Chair Keith-Agaran, and Honorable Members of the Senate Committee on Ways and Means:

I am Gary Simon, Chairperson of the Policy Advisory Board for Elder Affairs (PABEA), which is an appointed board tasked with advising the Executive Office on Aging (EOA).

I am offering testimony on behalf of PABEA.

My testimony does not represent the views of the EOA but of PABEA.

PABEA wholeheartedly supports SB 1026.

The Hawaii Healthy Aging Partnership Program (HAP) serves seniors and those with chronic health conditions through Better Choice Better Health (BCBH) and EnhanceFitness® programs.

The return on investment is 1.7 times: every dollar spent on HAP is estimated to save \$1.70 in healthcare costs.

The requested funding of \$605,000 is acutely needed for sustaining and expanding this highly effective program which improves the health and well-being of our seniors.

We urge you to support SB 1026, and we urge you to recommend its passage.

We thank you for seriously considering the Bill.

Very sincerely,

Gary Simon

Chairperson

Policy Advisory Board for Elder Affairs (PABEA)

SB-1026

Submitted on: 2/22/2019 8:05:43 PM

Testimony for WAM on 2/25/2019 10:30:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Anne Wheelock	Testifying for AARP	Support	Yes

Comments:

I am a member of AARP and I support SB 1026

Mahalos,

Anne Wheelock

Chair Senator Donovan Dela Cruz
Vice Chair Senator Gilbert S.C. Keith- Agaran

SB 1026

Relating to Healthy Aging Partnership Program

Chair Dela Cruz, Vice Chair Keith-Agaran and members of the Committee:

My name is Beverly Gotelli and I'm writing to express my support of SB 1026 Relating to the Healthy Aging Partnership Program. This bill appropriates funds for the health aging partnership (HAP) program to further the program's role in improving the health and well-being of Hawaii's Kupuna. I know this bill refers to Healthy Aging Partnership and refers to two programs Better Choice Better Health and Enhance Fitness.

I'm not familiar with Better Choices Better Health and will focus on the Enhanced Fitness program that I participate in. As mentioned, I'm participant of the Enhanced Fitness Program I can tell you it is a very worthwhile program. The sessions are three times a week and an hour long. There are sessions throughout Kauai island at various Neighborhood Centers or other facilities.

Healthy Aging Partnership was nationally recognized and has provided evidence – based programs to more than 4,000 individuals statewide. We are routinely tested to see how our health has improved since starting the program. In order to participate in the Enhanced Fitness Program, you must have your physicians' consent. My physician was very happy to sign the consent as he felt it was a proactive measure to keep me physically fit and ensure I was getting some type of physical activity.

Healthy Aging Partnership Program data suggest saving health care cost of \$1373 per person for those who participate in Enhanced Fitness.

I will say the program does provide for a better quality of life and physical performance.

It is also a goal of the Hawaii State Plan on Aging to: *Maximize opportunities for older adults to age well, remain active and enjoy quality lives while engaging in their committees.*

As Hawai'i is considered to be the healthiest place to live, I believe programs such as this are beneficial to our kupuna who are living longer and staying fit.

Funding is needed in order to provide our kupuna with a healthy living program. I'm confident that the Hawaii legislature has shown leadership by supporting our kupuna through this legislation.

Thank you for considering my testimony.

Beverly A. Gotelli
6286 Opaekaa Road
Kapaa, HI 96746

Re: SB1026 Relating to the Healthy Aging Partnerships Program
February 25, 2019 9:00 a.m. Room 2

Aloha Chairs Dela Cruz, Vice Chair Keith-Agaran and committee members

I am a senior citizen and a resident of House District 19 and Senate District 9. I am a member of AARP, Kokua Council, the Hawaii Alliance for Retired Americans and the PABEA Legislative Committee.

I'm testifying in strong support of SB1026, an appropriation relating to the Healthy Aging Partnership program which improves the health and well-being of kupuna.

Healthy Aging Partnerships includes health promoting programs such as Better Choices, Better Health (primarily a diabetes prevention program) and EnhanceFitness, an exercise program, both of which have been shown to improve lives as well as to reduce medical costs. For every dollar spent on the programs, \$1.70 is saved in medical expenses.

The 2018 legislature did not fund Healthy Aging Partnerships. Because it is so successful, the Area Agencies on Aging had to discontinue other important services to keep the Healthy Aging programs going.

Please support the passage of SB1026, to fund Healthy Aging Partnerships in the amount of \$605,000 and to ensure that these vital services continue.

Thank you for the opportunity to testify.

Barbara J. Service MSW (ret.)

LATE



O`ahu County Committee on Legislative Priorities (OCCL)

COMMITTEE WAYS AND MEANS

Senator Donovan M. Dela Cruz, Chair
Senator Gilbert S.C. Keith-Agaran, Vice Chair

DATE: Monday, February 25, 2019

TIME: 10:30 a.m.

PLACE: Conference Room 221
State Capitol

RE: SB 1026 Relating to the Healthy Aging Partnership Program

To the Honorable Donovan M. Dela Cruz, Chair; the Honorable Gilbert S.C. Keith-Agaran, Vice Chair; and Members of the Committee on Ways and Means:

I am Melodie Aduja, Chair of the O`ahu County Committee on Legislative Priorities of the Democratic Party of Hawai`i. Mahalo for this opportunity to submit testimony on SB 1026. The O`ahu County Committee on Legislative Priorities ("OCCLP") hereby submits its testimony in **SUPPORT of SB 1026, Relating to the Healthy Aging Partnership.**

SB 1026 appropriates funds for the healthy aging partnership program to further the program's important role in improving the health and well-being of Hawaii's kupuna. Per SB 1026, there is appropriated out of the general revenues of the State of Hawaii the sum of \$605,000 or so much thereof as may be necessary for fiscal year 2019-2020 and the same sum or so much thereof as may be necessary for fiscal year 2020-2021 for the healthy aging partnership program to further the program's important role in improving the health and well-being of Hawaii's kupuna. Such sums appropriated shall be expended by the executive office on aging of the department of health.

Hawai`i faces a long-term care crisis that prevents too many kupuna and people with disabilities from being able to live with dignity at home or in their communities. The vast majority of kupuna who are aging or living with a disability want to do so at home, but face challenges finding and affording the support they need to do so. Programs that emphasize independence rather than institutionalization must be better structured to support them. DPH will take steps to strengthen and expend the home care workforce, give kupuna and people with disability access to quality, affordable long-term care, services, and supports, and ensure that all these resources

are readily available at home or in the community. *Democratic Party of Hawai'i Platform (2018), p. 12, ln. 44-50.*

For the foregoing reasons, i.e., to give kupuna quality, affordable long-term care, services, supports, and resources readily available at home and in the community, OCCLP supports SB 1026 and urges its passage out of the Committee on Ways and Means.

Mahalo nui loa

Me ka `oia`i`o

/s/ Melodie Aduja

Melodie Aduja

Chair, O`ahu County Committee on Legislative Priorities
of the Democratic Party of Hawai'i

Ph. (808) 258-8889

Email: legislativepriorities@gmail.com

LATE

Senate
Committee on Ways and Means
Monday, February 25, 2019
10:30 p.m.
Conference Room 211

To: Chair Dela Cruz and Members of the Committee,
RE: Testimony in Support of SB1026.

My name is Jessica Wooley and I am the Advocacy Director for AARP Hawaii. AARP is a membership-based organization of people age fifty and over with about 150,000 members in Hawaii. AARP advocates for issues that matter to Hawaii families, including the high cost of long-term care, access to affordable, quality health care for all generations and serving as a reliable information source on issues critical to people over the age of fifty.

AARP Hawaii strongly supports SB1026, which appropriates \$605,000 for fiscal year 2019-2020 and also for 2020-2021 for the executive office on aging to provide older adults with evidence-based health promotion programs and disease prevention programs for a diverse population in Hawai'i. These nationally recognized programs provide those with chronic or ongoing medical conditions access to better choices better health - ke old pono - and EnhanceFitness, which is an effective, research-driven exercise program to improve the overall functional fitness and well-being of older adults.

Although these appropriations should not need bills to be secure in normal times, we appreciate the challenges this year and are thankful this bill includes a clear appropriation for these effective programs.

Mahalo for the opportunity to testify in support of SB1026.

LATE

Senate Committee on Ways and Means
Monday, February 25, 2019
10:30 a.m.
Conference Room 211
Rep. Sylvia Luke, Chair
Rep. Ty Cullen, Vice Chair

To: Chair Dela Cruz and Members of the Committee,
RE: Testimony in Support of SB1024 MAKING AN APPROPRIATION FOR THE AGING AND
DISABILITY RESOURCE CENTER

Thank you for the opportunity to submit written testimony in STRONG SUPPORT appropriating funds ARDC. My name is Linda Dorset and I am a concerned aging resident and live in the Wailuku area. I want to once again emphasize the importance of this program. Maui already has this program and it has been very successful. This is where the frail elderly and disabled citizens can turn to get information on available and suitable services when they find themselves helpless and resourceless. Statistics show that the number of these people living in poverty has risen to 25%, the number unable to perform activities of daily living is 31%, and the number at risk for nutritional deficiency is 61%; more funding is needed to keep up.

ARDC also provides prevention and educational programs such as Healthy Aging and exercise programs. These programs are very popular and proven effective to allow the elderly to avoid living in nursing homes often at public expense. The Maui Executive on Aging recently stated to me that the goal of her agency is to help people avoid needing Medicaid.

I appreciate Senate leadership to fund these services for the aging and disabled; and are thankful this bill includes a clear appropriation in the amount \$3,100,000 for fiscal year 2019-2020 and also for 2020-2021 to ensure there will be a functional statewide aging and disability resource center network to serve as a single-entry point for access to public long-term support programs and benefits.

LATE

SB-1026

Submitted on: 2/24/2019 10:43:58 PM

Testimony for WAM on 2/25/2019 10:30:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Ann S Freed	Testifying for Hawaii Women's Coalition	Support	No

Comments:



Aloha Chair Dela Cruz, Vice Chair Keith Agaran and members,

The Coalition recognizes the urgent need for programs to help our Kupuna

Mahalo,

Ann S. Freed, Co-Chair Hawaii Women's Coalition

LATE

SB-1026

Submitted on: 2/24/2019 10:50:09 PM

Testimony for WAM on 2/25/2019 10:30:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
adele rugg	Individual	Support	No

Comments:

Aloha ..

I humbly ask that you support this important bill as it affects all of our beloved kupuna ..

aloha from ..

adele rugg :-}

February 25, 2019

LATE

To : Senate Committee on Ways and Means
Senator Donovan M. Dela Cruz, Chair
Senator Gilbert S.C. Keith-Agaran, Vice Chair

RE: SB1026, Relating to Healthy Aging Partnership Program
Hearing: February 25, 2019 – 10:25am, Conference Room 211

Most Honorable Chair Dela Cruz and Members of the Senate Committee on Ways and Means:

Please vote in SUPPORT of SB1026, Healthy Aging Partnership Program

- ✓ **Please Vote to support the full funding request to continue this successful program for seniors in Hawaii.**

Thank you for allowing me to submit testimony in full support of this bill.

**Respectfully submitted,
Christine Olah
Honolulu Resident**