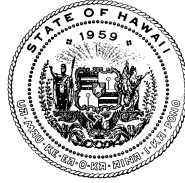


SB 1026

Measure Title:	RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM.
Report Title:	Kupuna Caucus; Healthy Aging Partnership; Executive Office on Aging; Appropriation (\$)
Description:	Appropriates funds for the healthy aging partnership program to further the program's role in improving the health and well-being of Hawaii's kupuna.
Companion:	HB468
Package:	Kupuna Caucus
Current Referral:	CPH/HMS, WAM
Introducer(s):	IHARA, S. CHANG, ENGLISH, FEVELLA, HARIMOTO, K. KAHELE, KANUHA, J.KEOHOKALOLE, MORIWAKI, K. RHOADS, Keith-Agaran, Kim, Riviere, Ruderman, Shimabukuro, Taniguchi

DAVID Y. IGE
GOVERNOR OF HAWAII



CAROLINE CADIRAO
PSM MANAGER

BRUCE ANDERSON
DIRECTOR OF HEALTH

STATE OF HAWAII
EXECUTIVE OFFICE ON AGING
NO. 1 CAPITOL DISTRICT
250 SOUTH HOTEL STREET, SUITE 406
HONOLULU, HAWAII 96813-2831
eoa@doh.hawaii.gov

Testimony in SUPPORT of SB1026
Relating to the Health

COMMITTEE ON COMMERCE, CONSUMER PROTECTION, AND HEALTH
SENATOR ROSALYN H. BAKER, CHAIR
SENATOR STANLEY CHANG, VICE CHAIR

COMMITTEE ON HUMAN SERVICES
SENATOR RUSSELL E. RUDERMAN, CHAIR
SENATOR KARL RHOADS, VICE CHAIR

Testimony of Caroline Cadirao
PSM Manager, Executive Office on Aging
Attached Agency to the Department of Health

Hearing Date: Friday, February 8, 2019 Room Number: 229
9:30 A.M.

- 1 **EOA's Position:** The Executive Office on Aging, an attached agency to the Department of
- 2 Health, supports this measure provided that its enactment does not reduce or replace priorities
- 3 within the Administration's executive biennium budget.
- 4 **Fiscal Implications:** This measure appropriates \$605,000 for the Healthy Aging Partnership for
- 5 FY 2019-2020.
- 6 **Purpose and Justification:** Led by the Executive Office on Aging and Department of Health
- 7 Chronic Disease Branch, Hawaii's Healthy Aging Partnership (HHAP) was convened in 2003 to
- 8 improve health of older adults through two evidence-based intervention programs, Better
- 9 Choices Better Health (BCBH) and Enhance®Fitness.

1 BCBH is a six-week self-management workshop developed by Stanford University that teaches
2 participants skills to manage their health conditions and interact with their health care providers.
3 The workshop does not replace prescribed treatment but supports medical-professional treatment
4 plans. In the State of Hawaii, an individual spends on average about \$20,477 per year on
5 emergency room visits and hospitalizations. The National Council on Aging estimates that a
6 BCBH participant saves an average of \$499.12 per year on health care costs. The State of
7 Hawaii BCBH program operates in collaboration with the Hawaii State Department of Health
8 Diabetes Prevention Program. Since its inception, 2,785 individuals across the State participated
9 in BCBH. Pre-and post-test data showed fewer visits to physicians' offices and emergency
10 rooms. In SFY 2018, 92 participants engaged in 10 workshops statewide.

11 Enhance®Fitness is an evidence-based exercise program designed to improve the health of older
12 adults and reduce health care costs by improving cardiovascular fitness, strength, flexibility, and
13 balance. In SFY 2018, Enhance®Fitness was available in the counties of Kauai and Maui. The
14 programs drew a total of 575 participants. Both the BCBH and the Enhance®Fitness programs
15 have shown that older adults with chronic conditions benefit by a focus on self-management
16 techniques and exercises to avoid long term complications of chronic conditions.

17 HHAP received \$550,000 in SFY2017 from the Hawaii State Legislature through ACT 103.
18 HHAP was unsuccessful in its competitive bids for federal funds in 2017. Without additional
19 funding, the HHAP may not be able to continue to offer the BCBH and Enhance®Fitness
20 programs to older adults in the State of Hawaii at its current level.

- 1 **Recommendation:** HHAP is not part of the Administration's budget request. We support
- 2 funding this important and effective public health intervention provided that its enactment does
- 3 not reduce or replace priorities with the Administration's budget request.
- 4 Thank you for the opportunity to testify.

The Thirtieth Legislature
Regular Session of 2019

THE SENATE

Committee on Commerce, Consumer Protection, and Health

Senator Rosalyn H. Baker, Chair

Senator Stanley Chang, Vice Chair

Committee on Human Services

Senator Russell Ruderman, Chair

Senator Karl Rhoads, Vice Chair

State Capitol, Conference Room 229

Friday, February 8, 2019; 9:00 a.m.

**STATEMENT OF THE ILWU LOCAL 142 ON S.B. 1026
RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM**

The ILWU Local 142 **supports** S.B. 1026, which appropriates funds for the Healthy Aging Partnership program to further the program's role in improving the health and well-being of Hawaii's kupuna.

The Healthy Aging Partnership is a program that facilitates chronic disease management and exercise and fitness programs for the elderly to maintain their health. An evidence-based health promotion program, the Healthy Aging Partnership helps seniors to become more aware of their health and provides them with education and tools to help them eat right, adjust their lifestyles, exercise, and use medication and doctor visits appropriately. The program is nationally recognized. Hawaii's program received an award from the American Society on Aging in 2013.

A significant component of this program is that it is evidence-based and adds to the data that demonstrates what happens when chronic disease is properly managed and exercise and fitness are components of an elderly person's routine and lifestyle. Kupuna participating in the Healthy Aging Partnership are more active, healthier, and enjoy life.

The only drawback is that the Healthy Aging Partnership only serves a limited number of kupuna. But if the appropriation called for in S.B. 1026 is not provided, even fewer kupuna, and possibly none, will benefit from this program that has been able to keep seniors healthy and active. Replication of the program with a "train the trainer" component using volunteers may be something to consider to increase the numbers who could benefit from the Healthy Aging Partnership.

The ILWU urges passage of S.B. 1026. Thank you for the opportunity to provide testimony on this measure.



HAWAII CHAPTER - AMERICAN PHYSICAL THERAPY
ASSOCIATION

(800) 554-5569 x13 • www.hapta.org • info@hapta.org

SB1026, RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM

Senate CPH/HMS Hearing

Friday, Feb 8, 2019 – 9:00am

Room 229

Position: Support

Chairs Baker and Ruderman, and Members of the joint Senate CPH and HMS Committee:

I am Gregg Pacilio, PT and Board President of the Hawaii Chapter of the American Physical Therapy Association (HAPTA), a non-profit professional organization serving more than 300 member Physical Therapists and Physical Therapist Assistants. Our members are employed in hospitals and health care facilities, the Department of Education school system, and private practice. We are movement specialists and are part of the spectrum of care for Hawaii, and provide rehabilitative services for infants and children, youth, adults and the elderly. Rehabilitative services are a vital part of restoring optimum functioning from neuromusculoskeletal injuries and impairments.

HAPTA supports the request for funding for the Healthy Aging Partnership program which has successfully adapted evidence-based health promotion programs and disease prevention programs for the multicultural population in Hawaii. It provides accurate information to our kupuna. It provides classes about healthy living, chronic disease management, arthritis management, and diabetes management to empower kupuna and their caregivers. For example, the Enhanced Fitness program on Kauai allows kupuna to exercise in a safe manner, allowing for increased physical activity which has been shown to improve overall health factors and balance.

The Healthy Aging Partnership program is a valuable resource for the community as well as for physical therapists and other health professionals to refer people for both prevention and post-injury/medical complication for education and improved health.

Your support of SB1026 is appreciated. Thank you for the opportunity to testify. Please feel free to contact Nick Bronowski, HAPTA's Elder Care Chair at (808)546-0937 for further information.

SB-1026

Submitted on: 2/7/2019 8:18:38 AM

Testimony for CPH on 2/8/2019 9:00:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Melodie Aduja	Testifying for O`ahu County Committee on Legislative Priorities of the Democratic Party of Hawai`i	Support	No

Comments:

MICHAEL P. VICTORINO
Mayor



DEBORAH STONE-WALLS
Executive on Aging

PHONE (808) 270-7755

FAX (808) 270-7935

E-MAIL: mcoa.adrc@mauicounty.gov

WILLIAM R. SPENCE
Acting Director
Housing & Human Concerns

LORI TSUHAKO
Deputy Director
Housing & Human Concerns

COUNTY OF MAUI
DEPARTMENT OF HOUSING AND HUMAN CONCERNS
MAUI COUNTY OFFICE ON AGING
AN AREA AGENCY ON AGING

J. WALTER CAMERON CENTER
95 MAHALANI STREET, ROOM 20
WAILUKU, HAWAII 96793

SENATE COMMITTEE ON COMMERCE, CONSUMER PROTECTION, AND HEALTH

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair

SENATE COMMITTEE ON HUMAN SERVICES

The Honorable Russell E. Ruderman, Chair
The Honorable Karl Rhoads, Vice Chair

SENATE COMMITTEE ON WAYS AND MEANS

The Honorable Donovan M. Dela Cruz, Chair
The Honorable Gilbert S.C. Keith-Agaran, Vice Chair

SB 1026, RELATING TO THE HEALTHY AGING PARTNERSHIP

Testimony of Kevin J. Dusenbury, Jr.
Acting Wellness Coordinator, Maui County Office on Aging (MCOA)

Hearing Date: Friday, February 8, 2019 at 9:00 a.m.
Room Number: Conference Room 229

MCOA's Position: The Maui County Office on Aging (MCOA) is in **strong support** of **SB 1026**, the Executive Office on Aging (EOA), and the Hawaii Healthy Aging Partnership (HHAP). The Healthy Aging Partnership, through the Executive Office on Aging, received funding for fiscal year 2017-2018 through Act 103, Session Laws of Hawaii 2017; but the program did not receive funding for fiscal year 2018-2019. As mentioned in SB 1026, MCOA strongly supports the funding request for the Hawaii Healthy Aging Partnership in the amount of \$605,000.

Purpose and Justification: Census projections indicate that the senior population in Hawaii will almost double during the period between 2010 and 2020 with the highest percentage increase occurring in those over the age of 85. Even though falling is not considered a normal part of the aging process, the incidence of falls increases dramatically as we age. To increase the overall wellness of our community members, **proactive** efforts are required now. **Keeping seniors healthy and at home is the most cost-effective manner** to address the needs of one of our most valuable societal resources.

At the Area Agency on Aging level, we have developed a core of dedicated trainers and participants that have allowed our Enhance®Fitness program to thrive within our culturally diverse community. Among respondents to our program surveys, Enhance®Fitness participants reported that they are extremely satisfied with the evidence-based exercise program, rating it an average 9.5 out of 10; and 100 percent of respondents informed us that they would take the class again after being enrolled with the program for 16 weeks.

Unfortunately without funding, MCOA will be unable to continue to expand this evidence-based program to additional community members, who are often afflicted by various chronic health conditions such as diabetes, heart disease, and hypertension. According to Hawaii Healthy Aging Partnership data, health care savings are estimated to be \$1,373 per participant¹, and our agency believes that Enhance®Fitness can positively impact our healthcare system further while increasing the quality of life of our aging community members if we are able to further grow and develop our class offerings.

Since its inception, our program has provided 852 participants with the opportunity to improve their overall health and maintain their independence as they age. Of those 852 participants, 73 percent is aged 70 and older, and **74 percent of our total participants have improved or maintained at average or above on the Rikli-Jones norms.** SB 1026 will help further the efforts to expand the Hawaii Healthy Aging Partnership and the Maui County Office on Aging; which will further create a sustainable, integrated evidence-based healthy aging program network in Hawaii.

We are fully committed to this initiative and working with the Hawaii Healthy Aging Partnership, the Executive Office on Aging, our community, and sustainability partners in order to better serve our community. If funding is appropriated, the Maui County Office on Aging will secure additional Enhance®Fitness instructors especially for underserved areas of Maui County; expand our class offerings once additional sites and instructors are secured; and continue to maintain our current offerings of Enhance®Fitness classes already serving our community.

Thank you for your time and consideration with proposed bill, SB 1026.

¹ University of Memphis School of Public Health (2017) Healthcare Cost Savings Estimator Tool; CDSMP. <http://www.ebp-savings.info/>

Date: Feb 5, 2019

TO: State Legislators

FROM: Ella Lee of Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Makawao Hoqwanji in Makawao.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Ella Lee

Date:

TO: State Legislators

FROM: Joyce Mueda of Pukalani

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawae Hongwanji in Makawae.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Joyce Mueda

Date: 2/5/19

TO: State Legislators

FROM: Jamie Lee of Makawao Hongwanji
Enhance Fitness

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Hong. in Makawao, Maui

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Jamie Lee

Date: Feb. 5, 2019

TO: State Legislators

FROM: Ninfa Tolentinos of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Maikane's Hangaui's in Social Hall.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date:

TO: State Legislators

FROM: SHARON NAEESH of MAUI

SUBJECT: Healthy Aging Partnership Proposed Bills

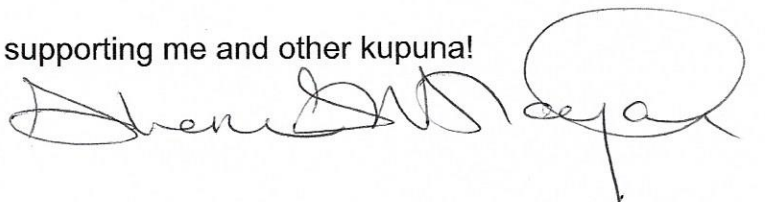
- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

MAKAWAO HONGWANJI in SOCIAL HALL.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2-5-19

TO: State Legislators

FROM: Debra Sturdevant of Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Hongwanji, in Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Debra Sturdevant

Date:

TO: State Legislators

FROM: Michele M. Boyd of HaiKu, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Makawao Henguripi in Makawao.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date:

TO: State Legislators

FROM: JoAnn Wong of Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Huiyuanji in Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date:

TO: State Legislators

FROM: Andy Hirose of Makawao

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Hongwanji in Makawao.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

It has helped me travel AND
ABLE to walk 32 miles in 8 days
at Disney World @ age 83.



Date: 2-5-19

TO: State Legislators

FROM: Blanche Ito of Makawao Enhanced Fitness Class

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Hongwanji in Makawao, Maui
Buddhist Temple

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

This program has benefited me in many ways. I had ^{back} ~~neck~~ fracture and was hunching [^] badly. This program has helped me to regain my posture and keeps me moving 3 times a week (1 hr each session). I am now able to work on my avocado + persimmon farm.

Date:

TO: State Legislators

FROM: Hedy T. Sentani of Makawao Hongwanji

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Hongwanji in Makawao, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: 2/5/19

TO: State Legislators

FROM: Maren McBarnet of Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Hong Waiji in Makawao, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: 2/5/2019

TO: State Legislators

FROM: JULIE BRIDLE of MAUI

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

MAKAWAO HAWAIIAN in MAKAWAO.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date:

TO: State Legislators

FROM: Miron Hironaka of Makawao, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makaewao Tongwanji Mission in Makawao, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

I have become more physical fit with the program. I have gain stamina and with the program I do not have the aches and pains through out my body. It has greatly improve my health.

*Thank you
Miron Hironaka*

Date:

TO: State Legislators

FROM: Susan Scofield of Makawao, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Makawao Hongwanji in Makawao, Maui

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Excellent program for seniors, better to keep healthy, mobile, independent, and happy through Enhance Fitness than sick, immobile, dependent and unhappy with caregivers or assisted living facilities

Date: 2/5/19

TO: State Legislators

FROM: Amy Teves of Makawao, Maui
Enhance Fitness

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Horgwagi in Makawao.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: February 06, 2019

TO: State Legislators

FROM: LIZ DAWSON of Kihei

SUBJECT: **Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Powerhouse Gym in Kihei.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: 2/6/19

TO: State Legislators

FROM: CYNTHIA KAY of WAILEA, HI 96753

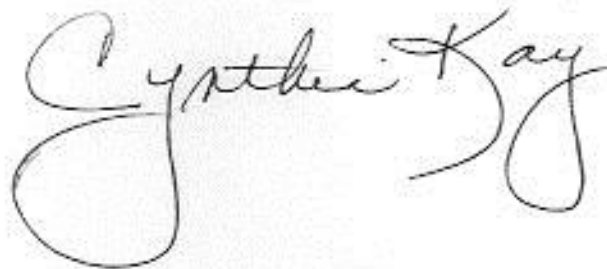
SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at POWERHOUSE GYM in KIHEI, HI 96753.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2/6/19

TO: State Legislators

FROM: Carit Steenbergen of Kihui

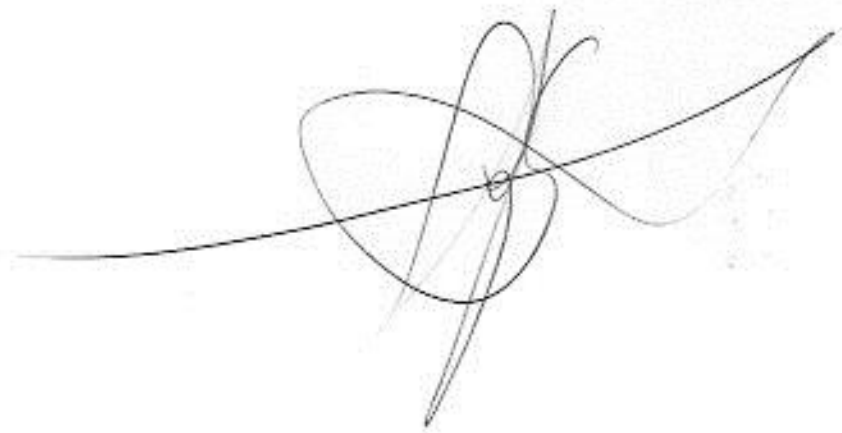
SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Powerhouse Gyms in Kihui

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2/6/2019

TO: State Legislators

FROM: KATHRYN UNDERWOOD of Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Powerhouse Gym in Kehei, HI

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Kathryn Underwood

Date: 2/8/19

TO: State Legislators

FROM: Pamela Palencia of Kihei HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at POWERHOUSE in KIHEI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Pamela Palencia

Date: 2/6/19

TO: State Legislators

FROM: Stan Hall + Denise Hall of Kilauea

SUBJECT: Healthy Aging Partnership Proposed Bills
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Maui Power House in Kilauea.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Stan Hall
Denise Hall

Date: 2/6/19

TO: State Legislators

FROM: Terry Murphy of 111 Launekani Loop
~~Powerhouse Kihui~~

SUBJECT: Healthy Aging Partnership Proposed Bills

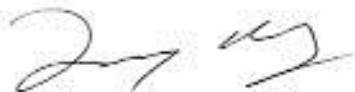
- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Enhanced Fitness in Main Powerhouse Gym

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2/6/19

TO: State Legislators

FROM: Carole Lindsey of Kihei

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Enhance@Fitness in Kihei
Powerhouse Gym

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Carole Lindsey

Date: 2/6/19

TO: State Legislators

FROM: Rodger Mellem of Kihai

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Maui Power House in Kihai.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: Feb 6, 2019

TO: State Legislators

FROM: Ruth Bidwell of Kihei

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Maui Powerhouse Gym in Kihei

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: 2/6/19

TO: State Legislators

FROM: MARYANNA CARLSEN of KIHEI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at POWER HOUSE GYM in KIHEI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: 2/6/2019

TO: State Legislators

FROM: Mireille GABRIEL Kihai

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Maui Gym Powerhouse Kihai

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: 2/4/19

TO: State Legislators

FROM: Clara S. Felin of Kihai

SUBJECT: **Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Maui Power House in Kihai.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Clara S. Felin

Date: 2/6/19

TO: State Legislators

FROM: Al + Wiana Bayless Kihai

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Maui Powerhouse Gym in Kihai

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Wiana Bayless
Al Bayless

Date: 2/6/2019

TO: State Legislators

FROM:

Marion & Kathleen Chene Kikei, Hawaii

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Maui Powerhouse Gym in Kikei.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 6 Feb 2019

TO: State Legislators

FROM: Suzan Amador of Kihei

SUBJECT: Healthy Aging Partnership Proposed Bills
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Powerhouse gym in Kihei.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2/6/19

TO: State Legislators

FROM: Myia Warnemiller of Kihei

SUBJECT: Healthy Aging Partnership Proposed Bills
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Powerhouse Gym in Kihei

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Thank you for supporting me and other kupuna!

Marsha our teacher is great. It has been fun for me And I have improved alot.

Myia Warnemiller

Date: 2/6/19

TO: State Legislators

FROM: Janice Brumbaugh of Kihei

SUBJECT: Healthy Aging Partnership Proposed Bills
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Fourchaise Gym Maui in Kihei.

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Thank you for supporting me and other kupuna!

Date: 2/6/19

TO: State Legislators

FROM: James Brumbaugh of Kihai

SUBJECT: Healthy Aging Partnership Proposed Bills
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Maui Powerhouse Gym in Kihai.

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Thank you for supporting me and other kupuna!

Date: 2/6/19

TO: State Legislators

FROM: Jane H. Wiley of Kihei, HI

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Powerhouse Gym in Kihei HI.

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Thank you for supporting me and other kupuna!

Date: 2/6/19

TO: State Legislators

FROM: ROBERT HADLEY of KUHAI MAUI HI

SUBJECT: Healthy Aging Partnership Proposed Bills
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

PANCA HOUSE GYM in KUHAI MAUI

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: 2/6/19

TO: State Legislators

FROM: Thomas R. Sawyer, Kihui, Maui, HI

SUBJECT: **Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Powerhouse Gym in Kihui

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Thank you for supporting me and other kupuna!

Thomas R. Sawyer

Date: 2/6/19

TO: State Legislators

FROM: Jane Sawyer of Kihui, Maui, HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Powerhouse in Kihui, Maui HI

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2/5/19

TO: State Legislators

FROM: John Suvich of Kula

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Pukalani Community Center in Pukalani.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Mahalo, John Suvich

Date: 2/5/19

TO: State Legislators

FROM: Colleen Wilty of Pukalani (Comm Center)

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Puk Comm Center in Pukalani.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

I love this class - keeps me active!

Colleen Wilty

Date: Feb. 5, 2019

TO: State Legislators

FROM: Cynthia Arakawa of Pukalani

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Hannibal Community Center in Pukalani.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Cynthia Arakawa

Date:

TO: State Legislators

FROM: Harriet Collopy of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Puhalani in downstairs. Exercise

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Harriet Collopy

Date: 2/5/19

TO: State Legislators

FROM: Judith Thomson of Kula, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Tavares Center in Pukalani.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Judith Thomson

Date:

TO: State Legislators

FROM: Eleanor Schultz of Makawao

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Tavares Center in Pukalani, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Eleanor Schultz

This is very important to my health at age 78.

Date: 2/5/19

TO: State Legislators

FROM: Carole Fernandez of Kula, Maui, HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Hannabal Tavares in Pukalani, Maui
Community Civic Center

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Carole Fernandez

Date: 2/5/19

TO: State Legislators

FROM: Eve Harrison of Makawao, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Pukalani Community Center in Pukalani, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Eve Harrison

Date: 2/5/19

TO: State Legislators

FROM: Patricia Oliveira of Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Hanibal Tavares Com. Center in Pukalani, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Patricia Oliveira

Date: 2/15/19

TO: State Legislators

FROM: Iris Nakata of Pukalani

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Hannibal Tavares Comm Ctr in Pukalani, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Iris M. Nakata

Date: Feb. 5, 2019

TO: State Legislators

FROM: Sherri Curry of Honokowai

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at WEST MAUI SENIOR CENTER in LAHAINA.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: Feb. 5, 2014

TO: State Legislators

FROM: Amy S Hussey of Lahaina, Maui

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at WEST MAUI SENIOR CENTER in LAHAINA.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: Feb. 5, 2019

TO: State Legislators

FROM: Joy Yamamoto of Lahaina

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

WEST MAUI SENIOR CENTER in LAHAINA.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: Feb. 5, 2019

TO: State Legislators

FROM: Carolyn Kam of Lahaina

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

WEST MAUI SENIOR CENTER in LAHAINA

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: Feb. 5, 2019

TO: State Legislators

FROM: Arma Mc Coy of Lahaina

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at WEST MAUI SENIOR CENTER in LAHAINA.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: 2-6-19

TO: State Legislators

FROM: Betty Katsuda of Kahului, Maui
Roy Katsuda

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Betty Katsuda
Roy Katsuda

Date: 2/6/19

TO: State Legislators

FROM: Martha Tabisola of 450 Onehee Avenue
Kahului Maui
Hawaii

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului Maui
Hawaii

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Martha M. Tabisola

Date: 2/6/19

TO: State Legislators

329 Molokai Home St

FROM: Miyoko Carol Omura of Kahului, HI 96732-2027

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului, HI 96732-2027

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2/6/19

TO: State Legislators

FROM: Lucy Peros of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Lucy Peros

Date: 2-06-19

TO: State Legislators

FROM: Joy Yamane of Wailuku, Hawaii

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, Hawaii.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Joy Yamane

Date: Feb 6, 2019

TO: State Legislators

FROM: Kathleen K. Moniz of (Waikeke, Hawaii
Kahului Union Church)

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Kathleen K. Moniz

Date: 2/6/19

TO: State Legislators

FROM: Magdalena Ballasteros of Kaunoi, HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kaunoi, Wilson Center in Kaunoi.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Magdalena Ballasteros

Date: 2/6/19

TO: State Legislators

FROM: Hazel Shirota of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Hazel Shirota

Date:

TO: State Legislators

FROM: Dorothy Tam Ho of Kahului, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Dorothy Tam Ho

Date: 02/06/19

TO: State Legislators

FROM: Lora Sasaki of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Lora Y. Sasaki

Date: 2-6-19

TO: State Legislators

FROM: Karen Tanaka of Kah Union Church -

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Karen Tanaka

Date: Feb 6, 2019

TO: State Legislators

FROM: Jeanne Abe of 28 Pakakaiko Pl
Waialua HI 96793

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului 96743.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Jeanne Abe

Date: 2/6/19

TO: State Legislators

FROM: Michie K. Chee of Enhanced Fitness

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Michie K. Chee

Date: 1/6/19

TO: State Legislators

FROM: Edith Matsumoto of EnhanceFitness - Kahului Unsov Church

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at KUC in Kahului, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Edith Matsumoto

Date: 2/4/19

TO: State Legislators

FROM: Bernice Saki of EnhanceFitness

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Bernice Saki

Date: 2-6-19

TO: State Legislators

FROM: Nancy Yamashita of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Nancy Yamashita

Please help us to continue this vital program for us seniors.

Date: 2/6/19

TO: State Legislators

FROM: Yemiko Nako of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Yemiko Nako

Date: 2/6/2019

TO: State Legislators

FROM: Jean Kawada of Wailuku, HI 96793

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului, HI 96732.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Jean Kawada

I am a charter member of this group, and attended classes for over 6 years. Here I have made many new friends, enjoyed maintaining my muscles and movement, and found a great source of fun. This program enhances the quality of my life. Thank you for underwriting this program!

Date: 2-6-19

TO: State Legislators

FROM: Mildred Tashiro of Kahului, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kah, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Mildred Tashiro

Date: 2-16-19

TO: State Legislators

FROM: Jane Higa of KAHULUI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Hall in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Jane Higa

Date: Feb 9 / 20 19

TO: State Legislators

FROM: CLIFFORD SAITO of KAHULUI UNION

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at KAHULUI UNION HALL in KAHULUI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Clifford Saito

Date: Feb 6, 2019

TO: State Legislators

FROM: Allen Shishido of Kahului, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, ~~Hawaii~~ Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Allen Shishido

This program is fantastic!

Date: 02/06/2019

TO: State Legislators

FROM: Jan Shishido of Kahului, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Jan Shishido

Date: Feb 6 / 19

TO: State Legislators

FROM: TWILA FOLDEN of HAIKU, HI.

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahala Union Church in Kahala.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Twila Folden

Date: Feb 6, 2019

TO: State Legislators

FROM: Lillian Chun of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Lillian A. Chun

Date: 2/6/19

TO: State Legislators

FROM: Merte Momifa of Waialeale, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Merte Momifa

*Please support our enhance fitness program!
 We enjoy the program & are able to exercise
 with people of all ages.*

Date: 2/26/19

TO: State Legislators

FROM: VERONICA GOMES of KAHULUI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at KAHULUI UNION CHURCH in KAHULUI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Veronica Gomes

Date: 02/06/2019

TO: State Legislators

FROM: Kazuko Takiguchi of Waikuku Maui
~~KUC Maui~~

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Kazuko Takiguchi

good fun and more strong mind, body.

Date: Feb. 6, 2019

TO: State Legislators

FROM: Sanae Saito of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului in KUC.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Sanae Saito

Come and visit us during our exercise time. We love to have you!
Please keep our program going with the funding

Date: 2-5-'19

TO: State Legislators

FROM: Ethel Kawamura of Kahului, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Ethel Y. Kawamura

Date: 2/8/19

TO: State Legislators

FROM: Beryl Matoi of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

I agree! I'd also like to see my next birthday, which is 93!

Thank you for supporting me and other kupuna!

Beryl Matoi

This exercise is also good for my brain & we have so much fun.

Date: 2/6/19

TO: State Legislators

FROM: Barbara Tadakama of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Barbara Tadakuma

Date: 2/6/19

TO: State Legislators

FROM: Oliver Sugumura of Kahului, HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Johnnie's Senior Center in Kahului, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Mahalo! Oliver Sugumura

Date: _____

TO: State Legislators

FROM: _____ of _____

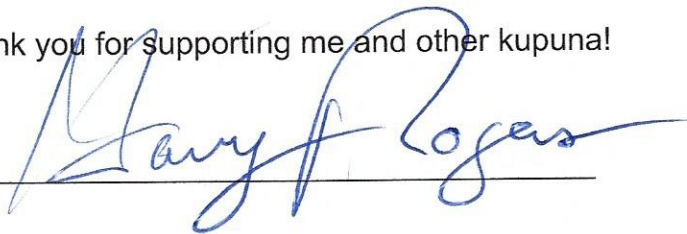
SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at _____ in _____.

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Thank you for supporting me and other kupuna!



Date: 2/6/19

TO: State Legislators

FROM: Yacko Kobayashi of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Yacko Kobayashi

Date: 2/6/19

TO: State Legislators

FROM: Pamela M. Ikeda of Waialua

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: Feb 6, 2019

TO: State Legislators

FROM: Fumie Tanoue of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Fumie Tanoue

Date:

TO: State Legislators

FROM: Toshiko Hishihara of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Toshiko Hishihara

Date: 02/06/2019

TO: State Legislators

FROM: CAROL A. TAKAMORI of Wailuku

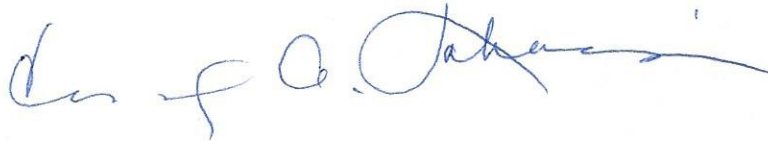
SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2/6/19

TO: State Legislators

FROM: Susan Hokama of Waiuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Susan Hokama

Date: 2-6-19

TO: State Legislators

FROM: Josephine M GILSMAN of KAHULUI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at KAHULUI UNION in KAHULUI.

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Thank you for supporting me and other kupuna!



Date: 2/06/2019

TO: State Legislators

FROM: Tamayo Tokunaga of Kahalui Union Church

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahalui Union Church in Kahalui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Tamayo Tokunaga

Date: 2/6/19

TO: State Legislators

FROM: Adeline Daida of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

Adeline Daida
(je)

Date: 2/6/19

TO: State Legislators

FROM: Dolly of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

Dolly Gustiken

Date: 2/4/19

TO: State Legislators

FROM: CHIHO of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

Chiho Nagata

Date: 2/4/19

TO: State Legislators

FROM: Sumiko _____ of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

Sumiko Nishida

Date: 2/6/19

TO: State Legislators

FROM: maria T. Garcia of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

maria T. Garcia

Date:

TO: State Legislators

FROM: Jeanette M. Nakamura of Kah Union Enhanced Fitness

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

Jeanette M. Nakamura

Date: 2/6/19

TO: State Legislators

FROM: Anne Yoshioka of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

Anne Yoshioka

Date: 2/6/2019

TO: State Legislators

FROM: Epi Kaeana of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union in Kahului.

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Thank you for supporting me and other kupuna!

Epi Kaeana

Date: 2/6/19

TO: State Legislators

FROM: Marion Nagamine of Kahului Union Church

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

Marion Nagamine

Date:

TO: State Legislators

FROM: Margaret Raymond of Kahului Union Enhanced Fitness

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union church in Kahului.

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Thank you for supporting me and other kupuna!

Margaret Raymond

Date: 02/06/19

TO: State Legislators

FROM: Sadae Yamanaka of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

Sadae Yamanaka

Date: 02/04/2019

TO: State Legislators

FROM: MYRNA H FUNG of WAILUKU, MAUI, HI

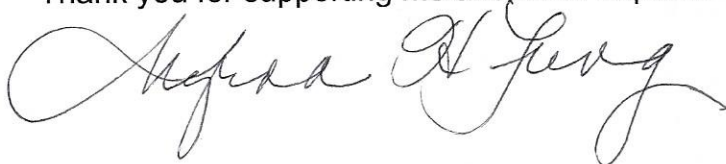
SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2-4-2019

TO: State Legislators

FROM: Mercy Cabatingan of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St Anthony of Padua in Wailuku, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Mercy Cabatingan

Date: 2/4/2019

TO: State Legislators

FROM: Nancy Kimura of Enhance Fitness

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St Anthony School in Wailuku, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Nancy Kimura

Date: Feb. 2, 2019

TO: State Legislators

FROM: Lorene Gagero of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony of Padua Church in Wailuku.

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Thank you for supporting me and other kupuna!

Lorene Gagero

Date: 2/4/2019

TO: State Legislators

FROM: Anicia Agasid of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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Thank you for supporting me and other kupuna!

Anicia Agasid

Date:

TO: State Legislators

FROM: Carmen J. Gebel of St. Anthony (Enhance Fitness)
classes

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St. Anthony in Wailealea, Maui, HI

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Thank you for supporting me and other kupuna!

Carmen J. Gebel

Date: Feb. 4, 2019

TO: State Legislators

FROM: Regina Aganos of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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St. Anthony's Church in Wailuku.

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Date:

TO: State Legislators

FROM: Linda Decker of St. Anthony

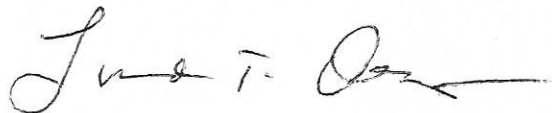
SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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Thank you for supporting me and other kupuna!



Date: 2/4/19

TO: State Legislators

FROM: Lani Scott of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony in Wailuku.

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Thank you for supporting me and other kupuna!

Lani Scott

Date: 2/6/2019

TO: State Legislators

FROM: Geraldine Sato of Enhance Fitness } Wailuku
St. Anthony

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

_____ in _____.

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Thank you for supporting me and other kupuna!

Geraldine Sato

Date:

TO: State Legislators

FROM: Susan Ventura of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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Thank you for supporting me and other kupuna!



Date:

TO: State Legislators

FROM: Sione Alba-Meane of Waialeale

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

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Thank you for supporting me and other kupuna!

Sione Alba-Meane

Date:

TO: State Legislators

FROM: Kathy Biggs of Wailuku, HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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Thank you for supporting me and other kupuna!

Kathy Biggs

Date: 2/6/19

TO: State Legislators

FROM: Wendy Radimer of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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Thank you for supporting me and other kupuna!

Wendy Radimer

Date:

TO: State Legislators

FROM: Linda Y. Uehara of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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Thank you for supporting me and other kupuna!

Linda Y. Uehara

Date: 2-6-19

TO: State Legislators

FROM: Susan Antoku of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St. Anthony H.S. in Wailuku.

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Thank you for supporting me and other kupuna!

Susan Antoku

Date: 2.6.19

TO: State Legislators

FROM: JOHN ANGLIST of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

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Thank you for supporting me and other kupuna!

John Anglist

Date: 2-4-2019

TO: State Legislators

FROM: DALIE SUGUITAN of WAILUKU

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St. Anthony Parish in WAILUKU.

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Thank you for supporting me and other kupuna!

D Suguitan

Date: 6 Feb 2019

TO: State Legislators

FROM: Nigel Keeg of Wailuku, HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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Thank you for supporting me and other kupuna!

Nigel Keeg

Date:

TO: State Legislators

FROM: Melinda Keep of Wailuku, HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

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Thank you for supporting me and other kupuna!

Melinda Keep

Date: 2/4/19

TO: State Legislators

FROM: Janice Lum of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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Thank you for supporting me and other kupuna!

Janice Lum

Date:

TO: State Legislators

FROM: Vera De Mello of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

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Thank you for supporting me and other kupuna!

Vera De Mello

Date:

TO: State Legislators

FROM: Mary Ann Ludwig of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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Thank you for supporting me and other kupuna!

Mary Ann Ludwig

Date:

TO: State Legislators

FROM: Karen Moore of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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Thank you for supporting me and other kupuna!

Karen Moore

Chair Rosalyn Baker, Chair Russell Ruderman
Vice Chair Stanley Chang, Vice Chair Karl Rhoads
Senate Committee: Consumer Protection and Health, Human Services

February 8, 2019

Relating to: SB 1026 Relating to Healthy Aging Partnership Program

Chair Baker, Vice Chair Chang Chair Ruderman, Vice Chair Rhoads and members of the Committees,

My name is Beverly Gotelli and I'm writing to express my support of SB 1026 Relating to the Healthy Aging Partnership Program. This bill appropriates funds for the health aging partnership (HAP) program to further the program's role in improving the health and well-being of Hawaii's Kupuna.

As a participant of the Enhanced Fitness Program I can tell you it is a very worthwhile program. The sessions are three times a week and an hour long. There are sessions throughout Kauai island at various Neighborhood Centers or other facilities.

Healthy Aging Partnership was nationally recognized and has provided evidence – based programs to more than 4,000 individuals statewide. We are routinely tested to see how our health has improved since starting the program. In order to participate in the Enhanced Fitness Program you must have your physicians consent. My physician was very happy to sign the consent as he felt it was a proactive measure to keep me physically fit and ensure I was getting some type of physical activity.

Healthy Aging Partnership Program data suggest saving health care cost of \$1373 per person for those who participate in Enhanced Fitness.

I will say the program does provide for a better quality of life and physical performance.

It is also a goal of the Hawaii State Plan on Aging to: *Maximize opportunities for older adults to age well, remain active and enjoy quality lives while engaging in their committees.*

As Hawaii is considered to be the healthiest place to live I believe programs such as this are beneficial to our kupuna who are living longer and staying fit.

Funding is needed in order to provide our kupuna with a healthy living program. I'm confident that the Hawaii legislature has shown leadership by supporting our kupuna will support this legislation.

Thank you for considering my testimony.

Beverly A. Gotelli
6286 Opaekaa Road
Kapaa, HI 96746

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SB-1026

Submitted on: 2/1/2019 7:07:35 PM

Testimony for CPH on 2/8/2019 9:00:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
GARY SIMON	Testifying for Policy Advisory Board for Elder Affairs (PABEA)	Support	No

Comments:

Dear Chair Baker, Vice Chair Chang, Honorable Members of the Senate Committee on Commerce, Consumer Protection, and Health, Chair Ruderman, Vice Chair Rhoads, and Honorable Members of the Senate Committee on Human Services:

I am Gary Simon, Chairperson of the Policy Advisory Board for Elder Affairs (PABEA), which is an appointed board tasked with advising the Executive Office on Aging (EOA).

I am testifying as an individual who has worked in healthcare for over thirty years, and I am offering testimony on behalf of PABEA.

My testimony does not represent the views of the EOA but of PABEA.

PABEA wholeheartedly supports SB 1026.

The Hawaii Healthy Aging Partnership Program (HAP) serves seniors and those with chronic health conditions through Better Choice Better Health (BCBH) and EnhanceFitness® programs.

The return on investment is 1.7 times: every dollar spent on HAP is estimated to save \$1.70 in healthcare costs.

The requested funding of \$605,000 is acutely needed for sustaining and expanding this highly effective program which improves the health and well-being of our seniors.

We urge you to support SB 1026 and to recommend its passage.

We thank you for seriously considering the Bill.

Very sincerely,

Gary Simon

Chairperson, Policy Advisory Board for Elder Affairs (PABEA)

SB-1026

Submitted on: 2/6/2019 3:15:13 PM

Testimony for CPH on 2/8/2019 9:00:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Brian Lehmann	Individual	Support	No

Comments:

SB-1026

Submitted on: 2/6/2019 2:53:51 PM

Testimony for CPH on 2/8/2019 9:00:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Jan Shishido	Individual	Support	No

Comments:

Lori Tsuhako, LSW, ACSW
P.O. Box 1565
Wailuku, HI 96793
ltsuhako@hotmail.com

The Honorable Rosalyn Baker, Chair
The Honorable Stanley Chang, Vice Chair
Senate Committee on Commerce, Consumer Protection and Health

The Honorable Russell Ruderman, Chair
The Honorable Karl Rhodes, Vice Chair
Senate Committee on Human Services

SUBJECT: SB 1026 – RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM
Hearing date: February 8, 2019; 9:00 am

Thank you very much for holding a hearing about the Healthy Aging Partnership Program (HAP). HAP was developed many years ago with a focus on keeping kupuna healthy and living as independently as possible, thereby avoiding the need for more expensive interventions such as institutionalized care. HAP is a statewide, collaborative effort that weaves the Executive Office on Aging, Area Agencies on Aging (AAA), private nonprofits, public health sectors, and the larger community to provide evidence-based health and wellness programs for kupuna and their caregivers. Participation in Healthy Aging programs has resulted in health care cost savings of more than \$640 per person for the Better Choices Better Health program and more than \$1,373 for the EnhanceFitness program.

Although cost savings is a critical component of demonstrating the necessity for Healthy Aging Partnership's on-going contribution to our communities, I believe that the beneficial results of this program for each participant are far more compelling. I offer today's testimony as a private citizen and as the former Wellness Coordinator for the Maui County Office on Aging. I have heard countless accounts of how participation in the evidence-based EnhanceFitness program has helped seniors to grow stronger, prevent falls, and move through their daily routines with more confidence. There is great joy in watching 80 and 90 year olds show off their bicep curls and balance exercises! Gathering 3 times per week with friends to exercise has become part of their new healthy routine, with the added benefit of socialization and peer support that add to quality of life. And, after all, good health and quality of life seem like the most important gifts we can offer our kupuna.

Please support the Healthy Aging Partnership by providing funding to allow proven, evidence-based programs for kupuna health and wellness to continue to be provided across the state, without interruption.

Respectfully submitted,



LORI TSUHAKO, LSW, ACSW

From: [phantomchef](#)
To: [CPH Testimony](#)
Subject: SB1026
Date: Thursday, February 7, 2019 12:19:09 PM

Aloha,
Mahalo for your support of the Healthy Aging Partner(HAP) in bill SB1026. I am a Kauai constituent and work with our kupuna. We need your continued support and funding for senior programs, specifically HAP and EnhanceFitness. Keeping our seniors active helps save \$ and keeps them out of hospitals.

Aloha,
Kay Holt
Kauai resident

Sent from my iPhone

From: [Eleanor Doi](#)
To: [CPH Testimony](#)
Subject: Support of SB1026
Date: Thursday, February 7, 2019 3:00:06 PM

To Whom It May Concern:

I am writing to you in support of SB1026. I have worked with Our Kupuna for a long time and in speaking to them, I often hear how they want to be as “independent as possible and to not be a burden to others “. And for these reasons many of them try to remain as active as possible. With that said, The Healthy Aging Partnership has been nationally recognized and has Provided Evidence-Based programs to more than 4,000 individuals statewide.

The HAP (Healthy Aging Partnership) data suggests saving healthcare costs \$640.81 per person for Better Choices Better Health (BCBH) and \$1,373.00 per person for The Enhanced Fitness Program (EF). Both of these programs improved the participants Quality of life and physical performance levels. Which helps our State save on health care costs.

HAP also works closely with both Aging and Public Health Providers, and it is also in the Executive on Aging’s State Plan (states priority).

Finally and most importantly our Kupuna’s lives are healthier and they are happier because of how these programs benefit them.

Please support HB1026 and consider the positive outcomes it brings to Hawaii’s Kupuna

With Deepest Respect,

El Doi

Sent from my iPhone

Re: SB1026 Relating to the Healthy Aging Partnerships Program
February 8, 2019 9:00 a.m. Room 229

Aloha Chairs Baker and Ruderman, Vice Chairs Chang and Rhoads and committee members

I am a senior citizen and a resident of House District 19 and Senate District 9. I am a member of AARP, Kokua Council, the Hawaii Alliance for Retired Americans and the PABEA Legislative Committee.

I'm testifying in strong support of SB1026, an appropriation relating to the Healthy Aging Partnership program which improves the health and well-being of kupuna.

Healthy Aging Partnerships includes health promoting programs such as Better Choices, Better Health (primarily a diabetes prevention program) and EnhanceFitness, an exercise program, both of which have been shown to improve lives as well as to reduce medical costs. For every dollar spent on the programs, \$1.70 is saved in medical expenses.

The 2018 legislature did not fund Healthy Aging Partnerships. Because it is so successful, the Area Agencies on Aging had to discontinue other important services to keep the Healthy Aging programs going.

Please support the passage of SB1026, to fund Healthy Aging Partnerships in the amount of \$605,000 and to ensure that these vital services continue.

Thank you for the opportunity to testify.

LATE

Barbara J. Service MSW (ret.)