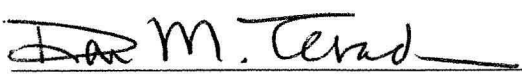




## CATHOLIC CHARITIES HAWAII

TO: Senator Rosalyn H. Baker, Chair  
Senator Shan S. Tsutsui, Vice Chair  
Committee on Ways and Means

Representative Marcus R. Oshiro, Chair  
Representative Marilyn B. Lee, Vice Chair  
Committee on Finance

FROM:   
Diane M. Terada, Division Administrator

DATE: Saturday, March 8, 2008

RE: **Additional Information for Grant-In-Aid Request  
from CATHOLIC CHARITIES HAWAII for  
LANAKILA MULTI-PURPOSE SENIOR CENTER**

- 1) **Change in requested GIA amount for FY 2009:** The original GIA request submitted to the 207 Legislature for FY2009 was \$250,123. Catholic Charities Hawaii has **reduced its request to \$170,000** due to other contracted funds that is expected to be available during this period.
- 2) **Historical Background of the Center:** The Lanakila Multi-Purpose Senior Center (LMPSC) was originally built by the State of Hawaii as a model senior center for the state. It was initially operated by the State of Hawaii and in 1969, Catholic Charities Hawaii took over operation of the Center.
- 3) **Demographic Changes in Center Population:** Seniors must be age 60 or older to join the Center. However, the aging demographics of our nation and state are reflected in the Center population:
  - 20 years ago, the average age of members was in their 70's.
  - Today, the majority of Center members are age 80 and older.

This means that more time is spent by staff on one to one support of clients. Counseling and case management, services that would be supported by this GIA, are critical due to the frailer population that is served.

Essentially, **the Center helps maintain seniors in a community-based setting that is much less costly than more restricted or institutional levels of care.**

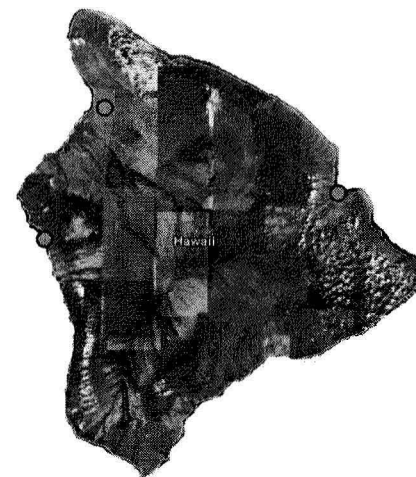




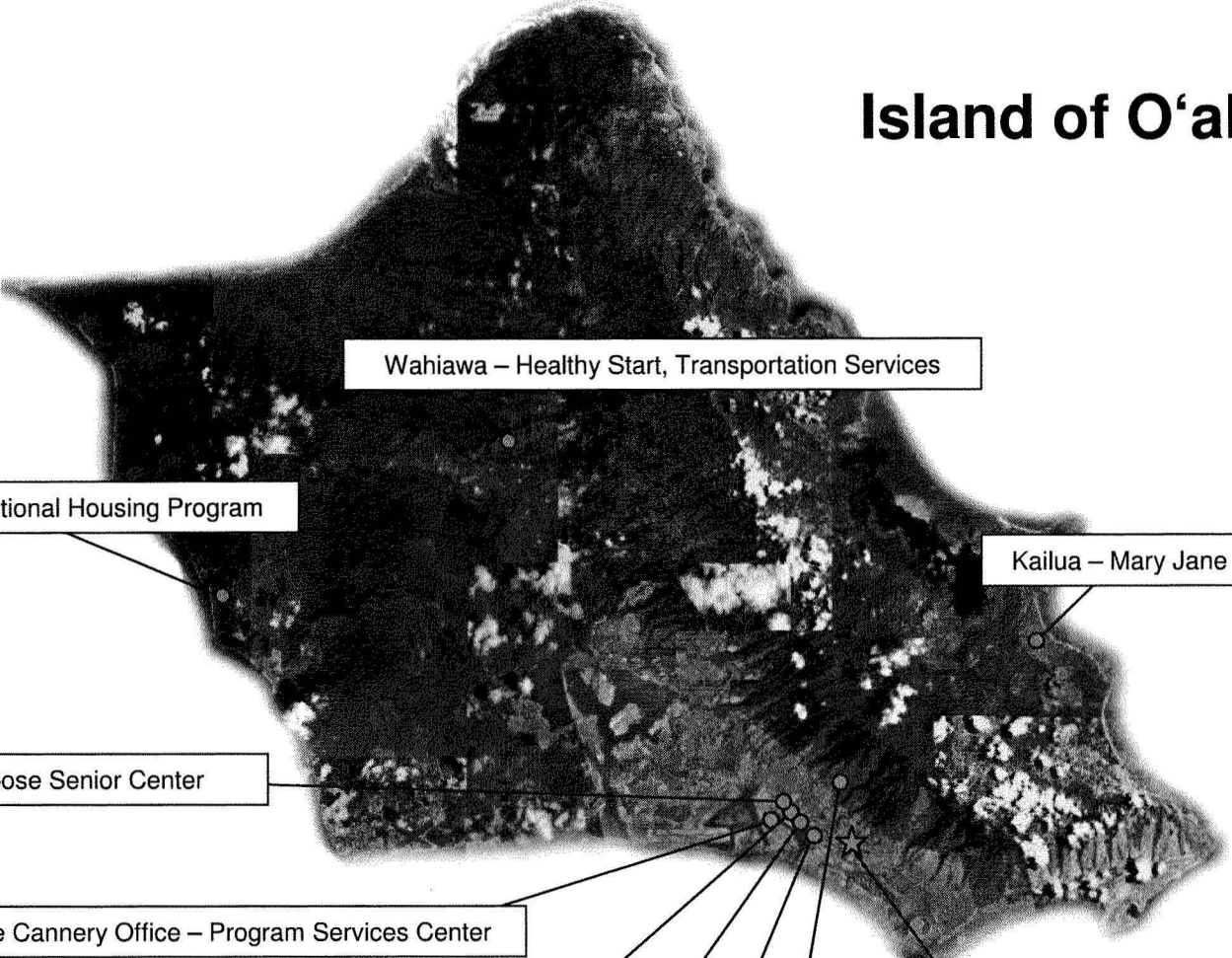
CATHOLIC CHARITIES HAWAII

**Every year, over 30 unique Catholic Charities Hawai'i programs and services address the following areas of social needs for over 40,000 people in need statewide:**

- Child Abuse and Neglect
- Homelessness
- Children's Emotional and Behavioral Problems
- Unplanned Pregnancy
- Adult Violence and Abuse
- Difficulties Encountered by Immigrants and Refugees
- Difficulties Adjusting to Life's Challenges
- Sustaining Independent Living for Seniors and Persons with Developmental Disabilities



# Island of O'ahu



Wahiawa – Healthy Start, Transportation Services

Mā'ili Land Transitional Housing Program

Kailua – Mary Jane Program

Lanakila Multi-Purpose Senior Center

Dole Cannery Office – Program Services Center

School Street Office – Program Services Center

200 Vineyard Office – Program Services Center

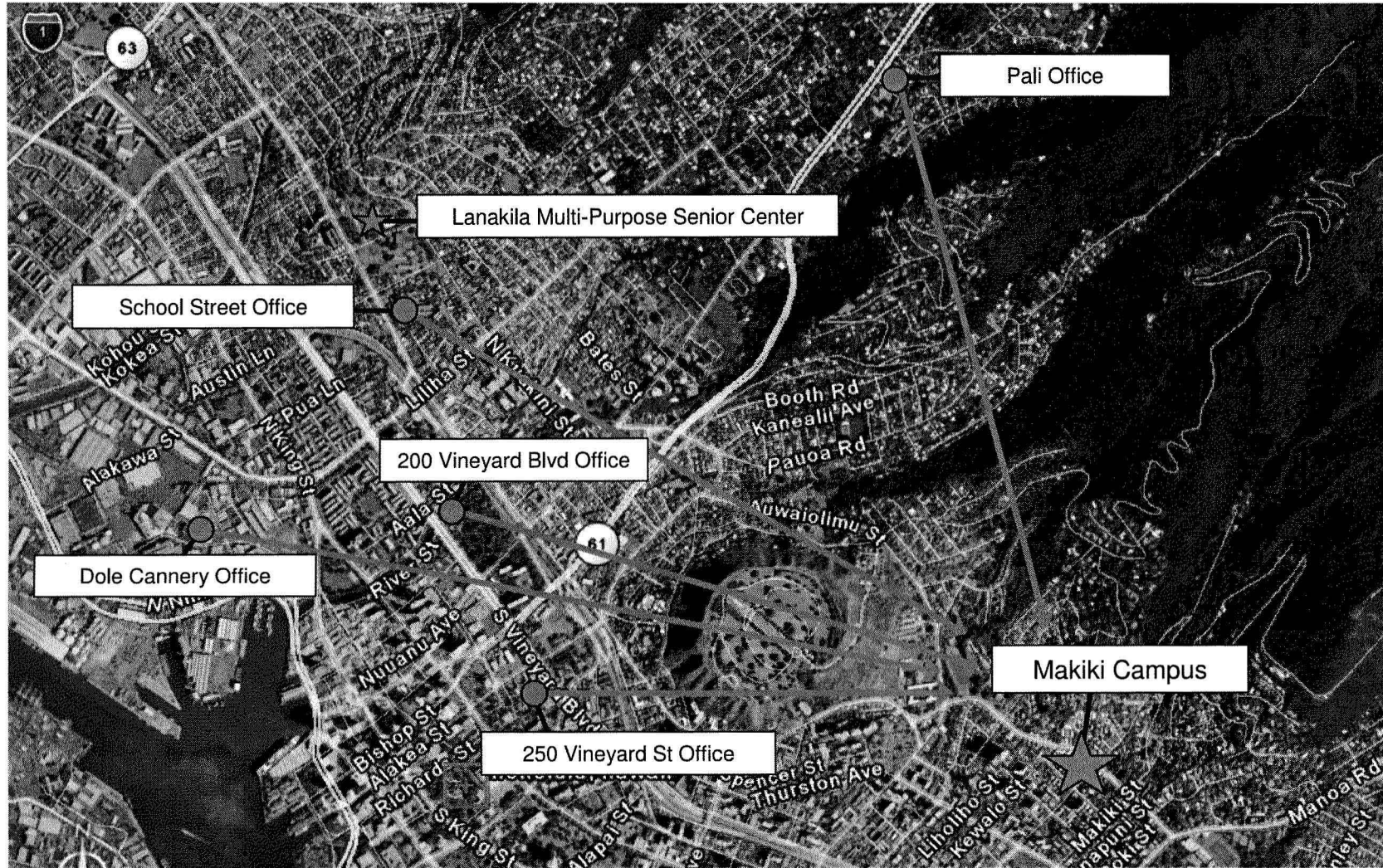
250 Vineyard Office – Program Services Center

Pali Office – Program Services Center

MAKIKI CAMPUS – Future Permanent Home



CATHOLIC CHARITIES  
HAWAII



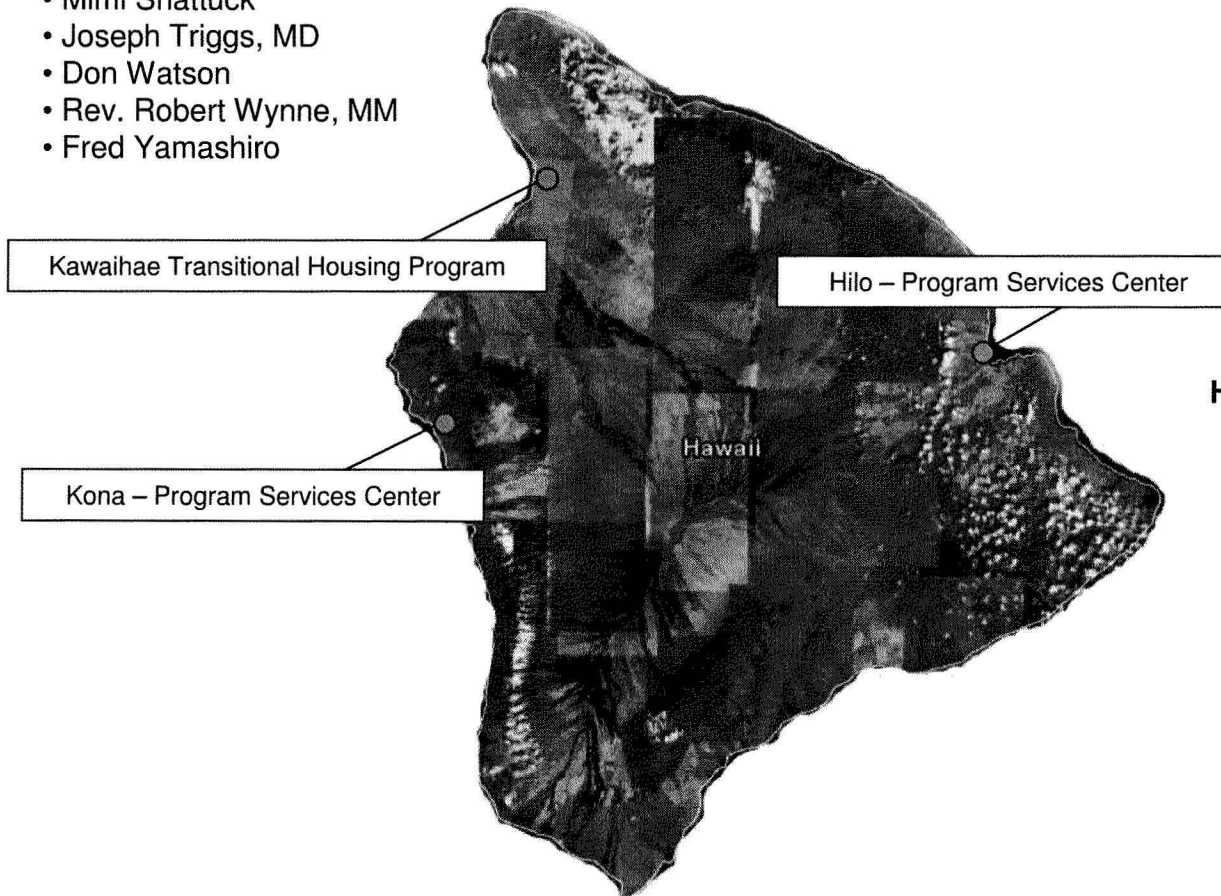
CATHOLIC CHARITIES  
HAWAII

## Honolulu Office & Program Services Locations

## Friends of Kawaihae

- Grace Czerwinski
- Todd Czerwinski, *Chair*
- Peter Hendricks
- Kenneth McGowan
- Frank Morgan
- David Palmer
- Rosemary Rasmussen
- Mimi Shattuck
- Joseph Triggs, MD
- Don Watson
- Rev. Robert Wynne, MM
- Fred Yamashiro

## Island of Hawai'i



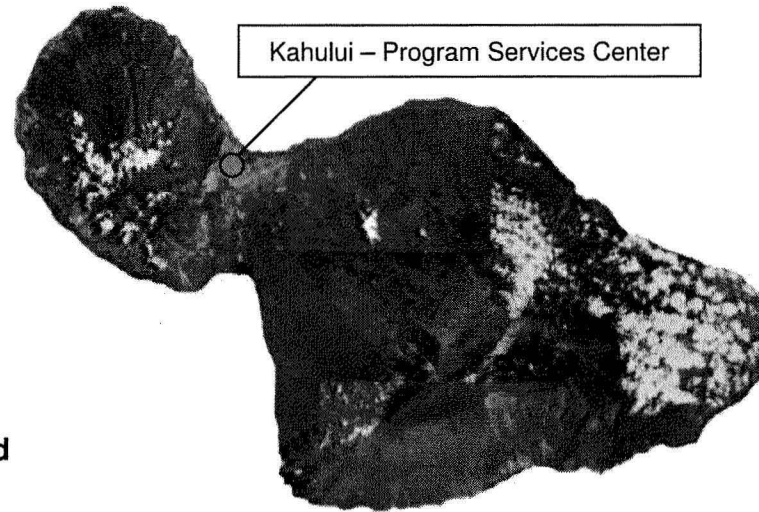
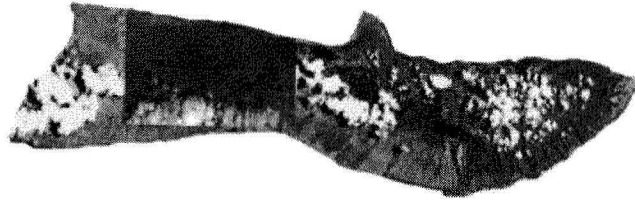
## Hawai'i Island Advisory Board

- Rose Bautista
- Laura Camara, *Vice Chair*
- Jack Ferguson
- Peter Hendricks
- Carol Ignacio
- Robert Leopoldino
- Terry Lum
- Sean McWilliams
- Alan Parker
- Tish Rockwood
- Rev. Robert Schwarzhaupt
- Don Watson, *Chair*



CATHOLIC CHARITIES  
HAWAII

# Islands of Maui, Moloka'i and Lana'i



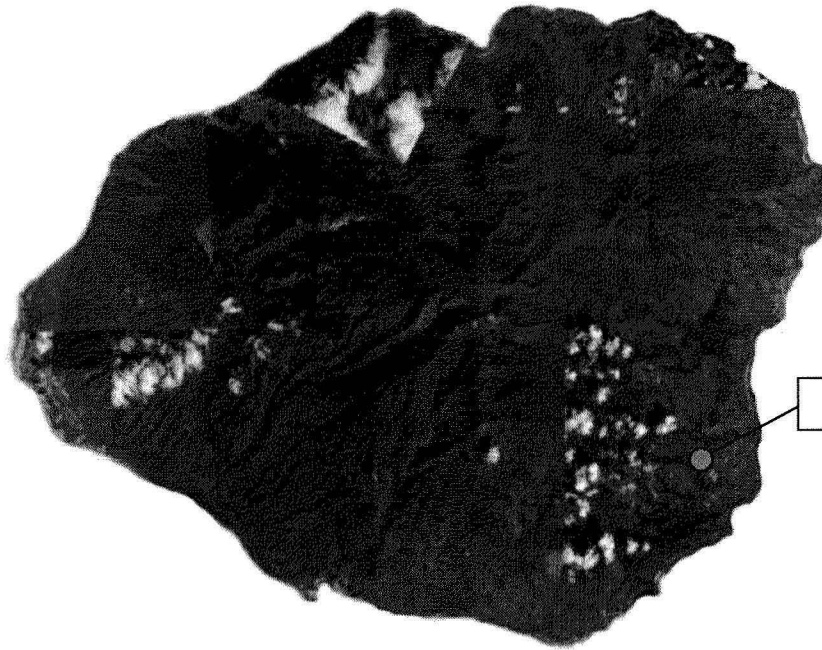
## Maui Advisory Board

- Nane W. Aluli
- Al Arensdorf, MD
- John Brunold
- Rev. Gary Colton
- Shirley DePonte
- Rev. Tomas Efren
- Cesar Gaxiola
- Kyle Kaneshina
- Alice Perry, *Chair*
- Hilton Unemori
- Robert Welch



CATHOLIC CHARITIES  
HAWAII

## Island of Kaua'i



Lihue – Program Services Center

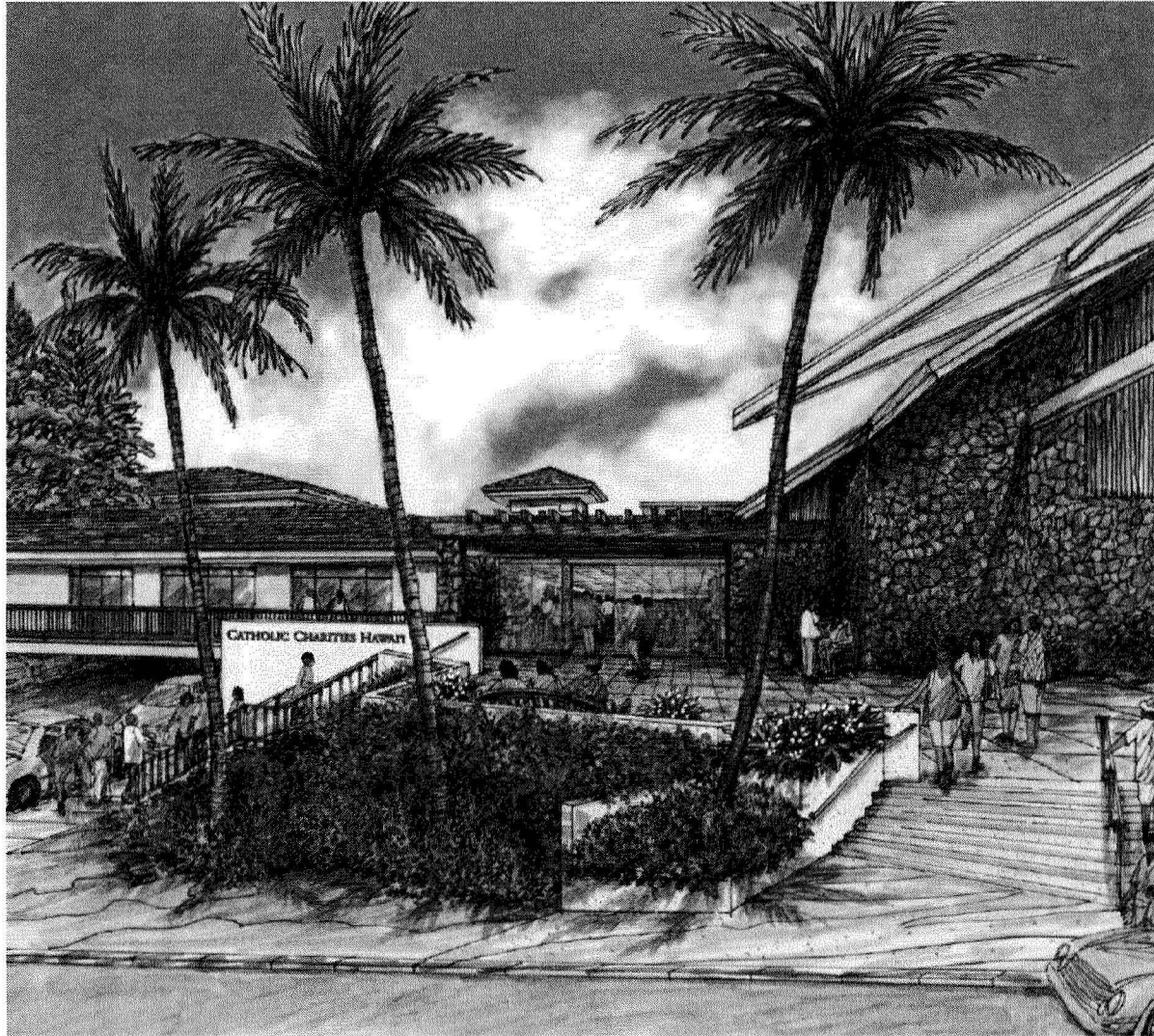
### Kaua'i Advisory Board

- Debra Dobashi
- George Freitas, *Chair*
- Celina Haigh
- Laurie Kelekoma
- Linda Lopatka
- Wallace Rezentes
- Edward Sarita
- Rev. William Shannon
- Rev. Edgar Villanueva
- David Waldron
- Steve Yannarell



CATHOLIC CHARITIES  
HAWAII

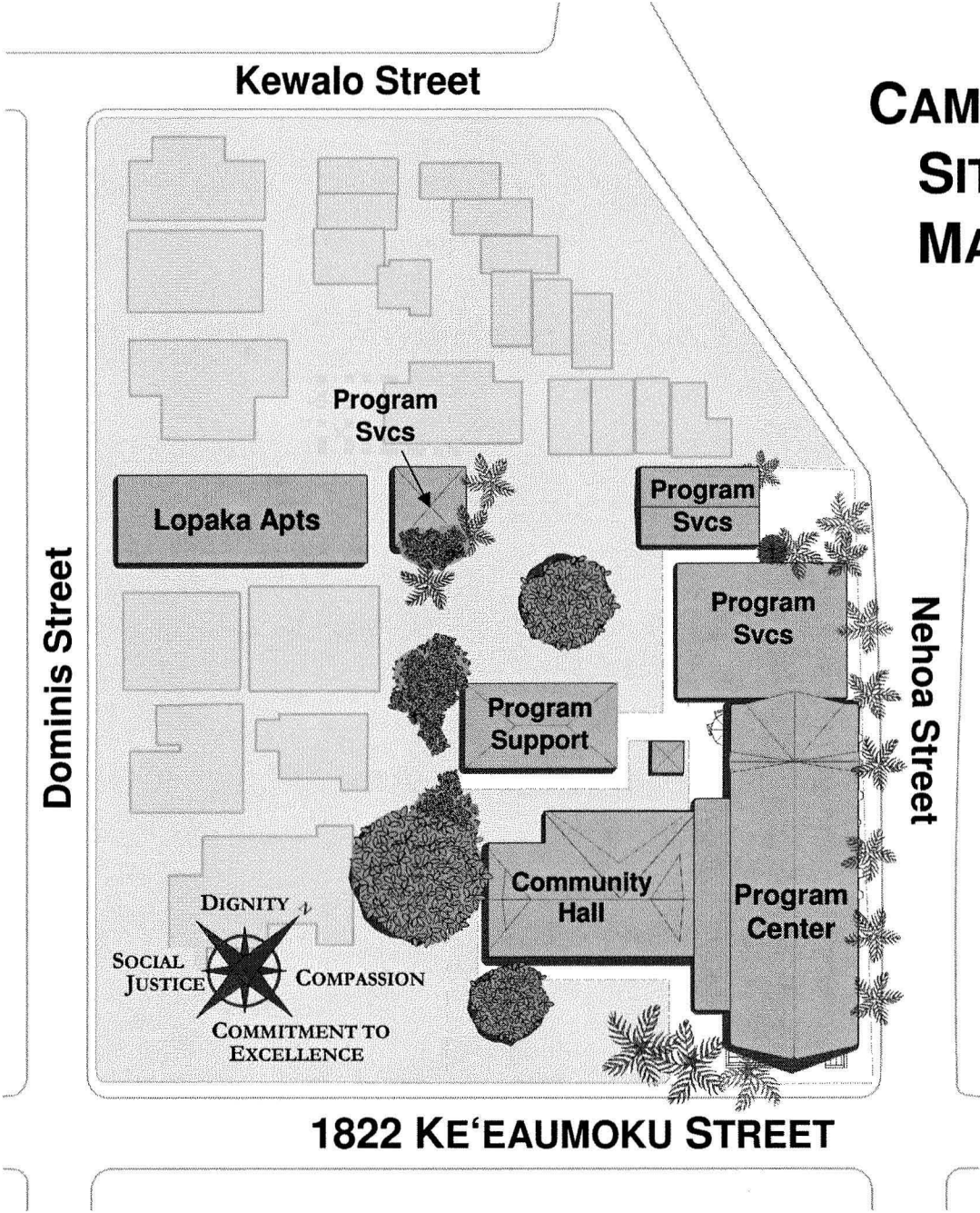
# CATHOLIC CHARITIES HAWAII SOCIAL SERVICE COMMUNITY CENTER



CATHOLIC CHARITIES  
HAWAII

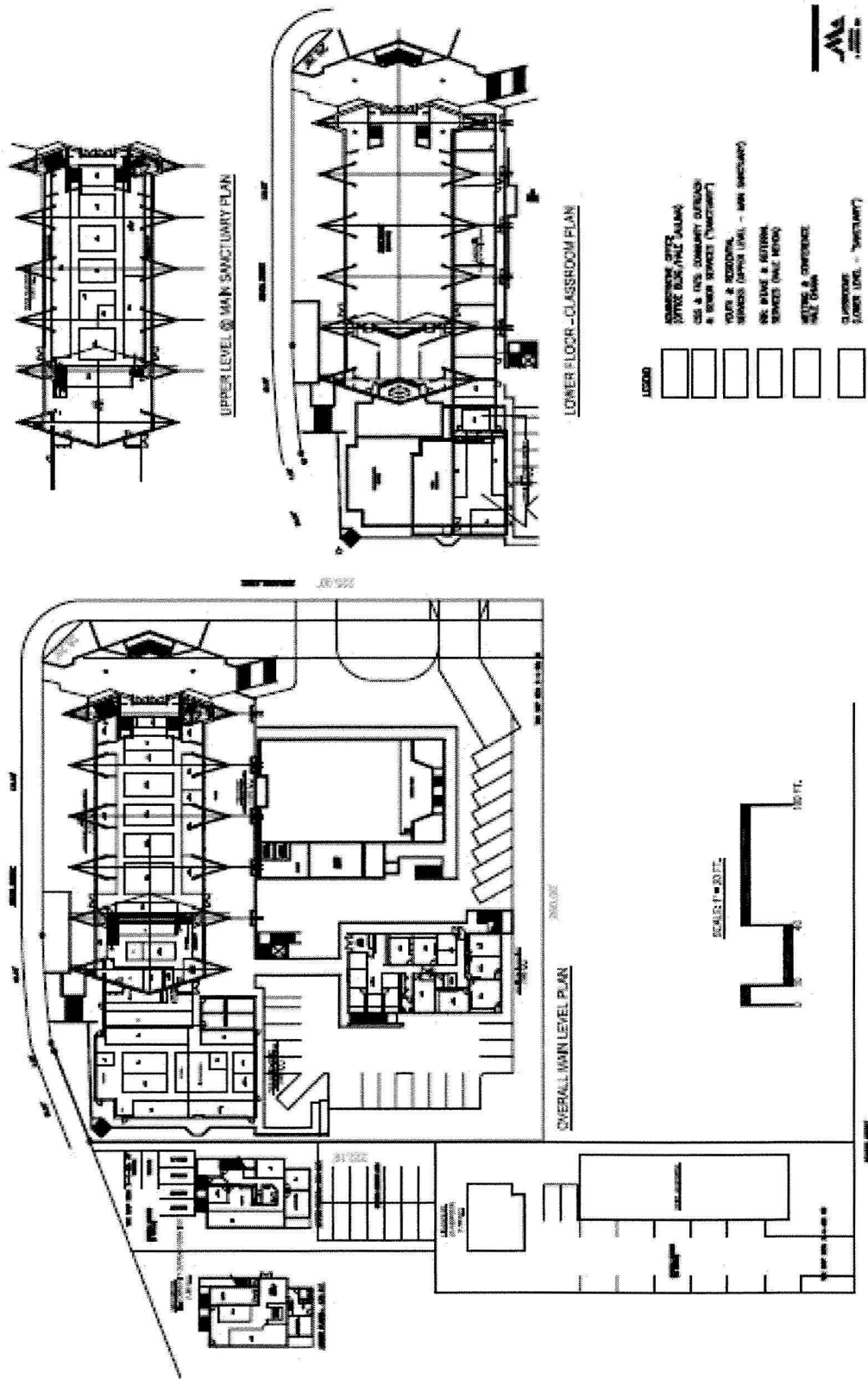


# CAMPUS SITE MAP



CATHOLIC CHARITIES  
HAWAII

# CONCEPTUAL PLAN



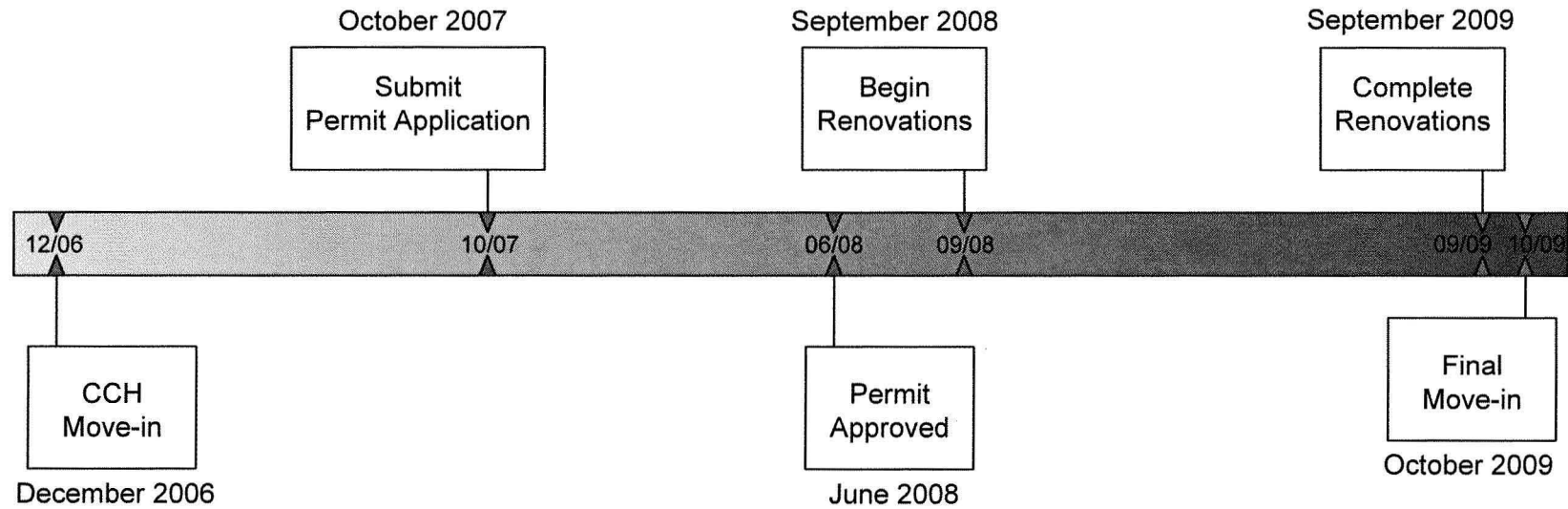
CATHOLIC CHARITIES - 1822 KEEAUMOKU ST.

CONCEPT DEVELOPMENT

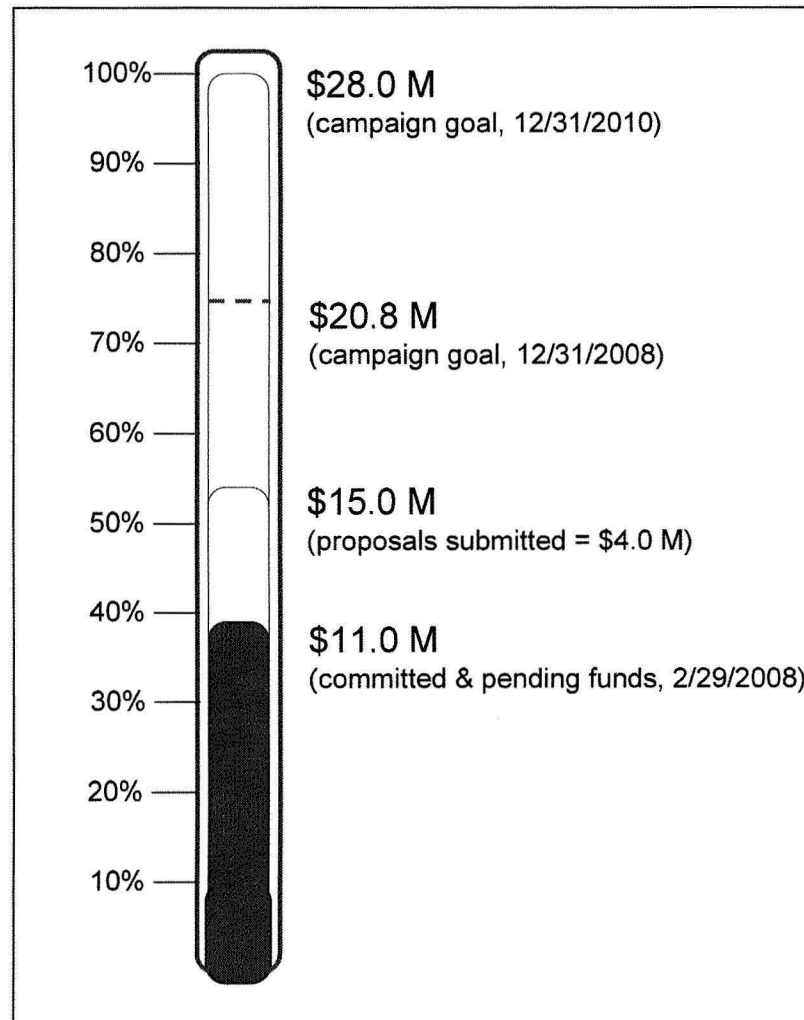
CATHOLIC CHARITIES  
HAWAII



# RENOVATION PROJECT TIMELINE



# CAPITAL CAMPAIGN SUMMARY



- The Mary D. and Walter F. Frear Eleemosynary Trust - \$750,000 grant award
- City and County of Honolulu, Community Development Block Grant - \$2,000,000 approved by City Council Budget Committee



CATHOLIC CHARITIES  
HAWAII

**testimony**

---

**From:** Alfred Herrera [herrera@cahawaii.org]  
**Sent:** Thursday, March 06, 2008 4:41 PM  
**To:** testimony; FINGIA  
**Subject:** Grant-in-Aid Progress Report - Briefing 03/08/08 9:00am - Capitol Auditorium  
**Attachments:** legupdate030608.pdf

Dear Senate Ways and Means and House Finance Committees:

Thank you for this opportunity to submit the attached Grant-in-Aid progress report, and to participate in the joint briefing this Saturday, March 8, 2008. If you have any questions before the briefing, please do not hesitate to call me at 599-2955 x 215.

I look forward to the briefing and sharing how your investment in The Children's Alliance of Hawaii has made a real difference for the children we serve and our community.

Sincerely,

Alfred Herrera

---

Alfred Herrera  
President  
The Children's Alliance of Hawaii, Inc.  
1100 Alakea Street, Suite 400  
Honolulu, HI 96813  
Voice:(808)599-2955 x 215  
Fax:(808)599-5909  
www.cahawaii.org

"Providing care and support for sexually abused children, and offering hope for the future."



The Children's Alliance  
OF HAWAII, INC.

## PROGRESS REPORT TO THE LEGISLATURE

**The Children's Alliance of Hawaii received a \$200,000 Grant-in-Aid for 2007/2008. We have requested Grant-in-Aid funding for 2008/2009 in the amount of \$320,000.**

**About Us:** The Children's Alliance of Hawaii has been providing services to sexually abused children for 20 years. We are the only organization in the State that is solely dedicated to serving this truly needy population. ***Our mission is to provide care and support for sexually abused children, offering hope for the future.***

We have traditionally provided our unique and innovative programs to sexually abused children and youth on Oahu. **As a result of our Grant-in-Aid funding we have been able to expand our programs beyond Oahu and now provide support to children on Kauai. This year we will help between 600 and 700 sexually abused children through our three programs.** These services are provided through the hard work and dedication of our four full-time employees, our volunteer interns and community volunteers. **Grant-in-Aid funding has helped us to expand our program staff from one to two full-time employees. This has resulted in an increase of over 150 children receiving services in the past 8 months. Additionally we were able to secure over \$30,000 of private funds to help meet their program needs.**

**The Problem:** In the past three fiscal years, on Oahu there were between 650 and 1200 newly reported cases of child sex abuse each year. On Kauai there are between 90 and 120. That is an average of two to three new cases each day. These are only the cases we know about through the Children's Justice Centers. It does not include cases that were not reported to law enforcement or Child Protective Services.

Statistics show that sexually abused children are vulnerable to many social problems that have mental, physical and spiritual repercussions for the child, family and our community. Left untreated, they are at very high risk for serious and sometimes life-threatening social problems, including early pregnancy, substance abuse, homelessness, dropping out of school, mental health disorders, unemployment, suicide and criminal activity. The result is evident by the very high numbers of sexually abused children receiving extremely expensive services through the Department of Health or the Juvenile and Adult Justice Systems.

**The Children's Alliance addresses these problems and challenges directly.** We help all children who have suffered sex abuse from infant through age 19.

1. We try to stabilize the child's life and restore the joy of their lost childhood through our **Enhancements Program**.
2. We help the children deal with the emotions surrounding their life and their sexual abuse in an effective and engaging therapeutic format through our **H.E.A.R.T. (Healing Emotions with Art and Recreation Together) Program** involving six months of art therapy, expressive movement, outdoor adventure and therapeutic horseback riding. Through this program we also help build their self-esteem as they develop relationships with other children who have had the same experiences.
3. We help the older children/youth understand who they are and their potential. With intensive one-on-one work, followed by a supportive teaming approach, the **Ho'omaka Teen Teaming Program** strives to empower the youth to take control of their present, and envision and create a long-term plan for their future.

**How your investment with Grant-in-Aid funds to The Children's Alliance is improving the lives of our sexually abused children. For the six months from July 1, 2007 to December 31, 2007 we helped:**

**555 sexually abused children**, through our **Enhancements Program**, received goods and services that helped stabilize their life and/or provided an opportunity to experience the joy of childhood. The range of services and assistance included specialized tutoring, self-defense courses, individual art-therapy sessions, and assistance with family reunification expenses. Additionally, with the help of the 776 individual community donors, over 450 "Christmas Wish Gifts" totaling 841 gifts were granted to our children. 100 "Foster Care Packages" were created and provided to children who visited the Children's Justice Center of Oahu and were unable to return home due to safety issues. These children were provided with three days of new clothing, basic personal items and a new backpack and schools supplies to relieve some of the children's stress and make the transition into foster care a little easier.

**12 teenage girls completed** a full six-month session of our **H.E.A.R.T. Program**. We started a second teenage girls group with **11** participants. We began the coordination and development of new H.E.A.R.T. program group for young children between ages 4 – 8.

**19 Ho'omaka Teen Teaming** participants received intensive one-on-one work to establish and plan their goals for their future.

---



**Here are some of the stories of the children we serve and how we have helped them:**

**"Nani"** is a 16 year old girl who lives with her biological parents. **She had a long psychiatric hospitalization due to being suicidal and in danger of hurting herself.** During her stay at the hospital, it was discovered that her feelings had been triggered by having been **sexually abused by a male friend.** Soon after she came out of the hospital she began our HEART program. **Initially, her Rosenberg Self Esteem Scale was a "low" score of 2 points.** When we met her she wrote, *"I am extremely positive about other people and negative about myself. I have a really bad self image."* During the Art therapy HEART component, this teenager was able to share her emotions about fear and anxiety. She wrote, *"I am fearful of doing something wrong. Fearful of disapproval. This emotion is all in my head. The mind is a powerful thing. So your body believes whatever the mind tells it. Once I am fearful it makes me cry. When your heart is broken, you can't breathe. This leads to being anxious. When you're anxious you'll do anything to keep your mind busy. Sometimes it's like a knot in your stomach when you get fed up with everything."* **This teenager not only gained an ability to express her emotions, but at the close of the program, her self esteem score increased by 16 points to an 18, now in the "normal" range.**

**"Lani"** is an 18 years old girl who originally lived with her father and step mother. After her father died, she was **sexually abused by her step mother's new husband.** She was removed from that home and placed in foster care. Then, **she was gang raped.** Like many of our children, she suffered from multiple sexual abuse experiences. She became a participant in our **H.E.A.R.T. Program.** Initially, her Rosenberg Self Esteem Scale was in the **"normal" range of 19 points.** Her own words best describe how our HEART program made a difference in her life. She wrote, *"The HEART program opened a door for me. I have had the opportunity to enjoy life. It helped me know that I am someone special for once, like being in a family. It helped me know that I am not alone, and am not the only one who went through a negative past. It helped me be with other girls that were abused and need to recognize that someone cares. It helped me have fun and be free and not worry about being abused again and just be comfortable with myself."* At the close of the HEART program, her score increased by 11 points to a **30, now in the "high" range.**

**"Lani"** transitioned into our **Ho'omaka Teen Teaming program.** During our time with her she has moved out of foster care, into a residential group home living situation, and then her own apartment. Like many of our youth, they change placements frequently and we remain a constant. As they "age out" of the foster care system, we continue to provide services. We have outfitted her with household items for her new place, helped her apply for college scholarships and continue to provide the emotional support that she needs to accomplish her goals. **She is attending college, working part-**

time, and living on her own. The importance of our work with her was summed up when she wrote: **"It gave me a shoulder to lean on. Now I feel more powerful in my independent life."**

"Keoni" is a 17 year old boy with a long history of abuse and neglect. He grew up in a household with a **single mother who was addicted to crystal methamphetamine, "ice"**. He remembers being homeless and living on the beach as a preschooler, and then being placed in foster care due to neglect and unsanitary living conditions. He was eventually returned to his mother's care. **At age 10 he was severally sexually abused by his mother's boyfriend.** This went **unreported and untreated**. He continued to live with his mother and had problems with substance abuse, physical aggression with peers, gender identity issues, and running away. While "on the run" he reported the necessity to engage in teenage prostitution in order to survive. Three years ago he was unable to return to his family of origin and placed into foster care. At high expense to the State, over the past three years he has been in 15 different placements, including foster care, therapeutic foster care, and residential treatment facilities.

In November, 2006 the Children's Alliance of Hawaii began working with this boy in the Ho'omaka Teen Teaming and H.E.A.R.T. programs. **Since his involvement with us he has remained clean from substance abuse, had no aggressive behavior problems, and has stayed in his current residential shelter placement and not gone "on the run"**. He is now continuing his education in public high school. "Keoni" reports that his continued involvement with the **Children's Alliance has made a significant impact on his life.**

## PROGRAM DESCRIPTIONS

**Enhancements** - designed to "enhance" the lives of these children by providing goods and direct services that will help them become stable, enrich their development, and restore the special experiences of childhood that may have been lost. This program focuses on the child's individual needs, offering support for school related functions, summer programs, music, dance, art lessons, and sports activities. Sexually abused children and their families who are experiencing financial hardship and are struggling to meet their basic needs can obtain assistance with short term rental subsidies, clothing and food vouchers, and transportation and basic utility services. Sexually abused children who are placed into foster care can receive a special "care package" from the organization ensuring that they have the basic necessities of new clothing, new toiletry items, and a backpack with new school supplies to help them with their transition. The Children's Alliance of Hawaii believes celebrating birthdays, life milestones, and holidays is very important in order for the child to create new positive memories to offset the bad ones. We support this belief by providing all of our eligible children with special birthday, milestone and Christmas presents; and opportunities to celebrate them with those who are closest to them. For youth with severe or problematic behaviors (i.e. running away, truancy, or aggression), the Enhancements services are being used repeatedly, over time, to positively reinforce the youth when they have demonstrated control over a specific targeted behavior.

**H.E.A.R.T.** (Healing Emotions with Art and Recreation Together) - an evidence based, gender specific six month program targeting elementary age children and adolescents. It offers four six-week group sessions, each consisting of art therapy, expressive movement, outdoor adventure, and therapeutic horseback riding. These four therapeutic components have linkages to a variety of theoretical orientations for clinical intervention, including the psycho-social realm, symbolic imagery, body awareness, mastery and control, skill building, and practical problem solving. H.E.A.R.T. was conceived to provide experiences that address the social emotional needs of sex abuse victims based on the premise that these children can be "reached" through a hands-on experiential approach to intervention. Children who have been sexually abused often experience obstacles to normal social emotional development as a result of their abuse history. H.E.A.R.T. is based on the premise that discharging feelings can reduce some of the intensity and overwhelming effects on behavior. The overarching goals of this program include increasing self esteem, developing a group that understands they are not alone in their struggle, and increase the youth's ability to express their feelings and emotions. The H.E.A.R.T. program is the only program of its kind in the nation.

**Ho'omaka Teen-Teaming** - an individualized teaming program, based on "best practices" and resiliency theory, designed to assist young adults and adolescents who are struggling with direction, life circumstances, and exhibiting symptoms of trauma from sexual abuse. The objective of this program is to provide an avenue by which sexually abused youth can build caring relationships, learn to navigate the system, maintain a positive trajectory, and attain a dignified independence. This program utilizes the specially created "Charting Your Goals: Life-Planning Guide For Teens" workbook by Dan Dahl and Randolph Sykes as a therapeutic tool to help the youth pinpoint their life goals. The youth take in-depth looks into their past, present and future in order to create a strategic plan for their life, concentrating in five areas: health, relationships, personal growth, finances and career. We use volunteers and experts in the community to collaborate as a "team" to provide the practical guidance needed to achieve the goals; and act as the support network that is customarily present in stable families. This approach is fashioned on the belief that positive outcomes for young adults who have experienced abuse are influenced by having healthy interactions with adults. These interactions will provide experiences that instill self-worth, reinforce a sense of achievement, encourage healthy attachments, and offer a sense of belonging to counteract abuse symptoms of loneliness and depression.



TO: SENATE COMMITTEE ON WAYS AND MEANS  
HOUSE COMMITTEE ON FINANCE

EMAIL: [FINGIA@Capitol.hawaii.gov](mailto:FINGIA@Capitol.hawaii.gov)  
[testimony@capitol.hawaii.gov](mailto:testimony@capitol.hawaii.gov)

FOR: GRANTS-IN-AID INFORMATION BRIEFING

HEARING DATE: SATURDAY, MARCH 8, 2008

TIME: 9:00 AM

PLACE: STATE CAPITOL AUDITORIUM

My name is Loretta Yajima, and I am submitting testimony to add to the Children's Discovery Center's Grant-In-Aid application for the 2008 legislative session.

The Center's application, submitted last year, requests \$2 million in capital improvement funds this biennium to assist with its first physical expansion since the move from a temporary site in Iwilei to the Kaka'ako Waterfront almost 10 years ago. These improvements will enable the Center to serve an even broader audience of children and families both at the museum and through its outreach programs into the community.

The Children's Discovery Center is a popular destination for school group visits, for family outings and for tourists visiting Hawaii from all over the world. Serving over 90,000 children last year, it serves an audience of children who would not otherwise have that important "window to the world" beyond our island shores. 59% of the children who visit in school groups come from rural areas on Oahu and even the neighbor islands.

Since development in the Kaka'ako Makai area is unlikely in the immediate future, there is a real need to have some kind of food service within the facility that will provide families with young children a place for a healthy snack or meal without having to leave the Center and drive to nearby restaurants. Also, there are some badly needed improvements that need to be addressed, including technical upgrades, expanded visitor and programming spaces, and new exhibits. Finally, since the roadways surrounding the Center are now complete, the stroller and handicap access ramp needs to be relocated to Olomehani Street, since Ohe Street will be permanently closed. There is also a need to change the school bus access and drop off area, since main access will be from the Ward Avenue extension, which wasn't there when the Center was built.

While every major city in the United States has a museum for children, the Hawaii Children's Discovery Center is truly a unique facility, one that benefits both local families as well as tourists from all over the world. Unlike other museums which are heavily subsidized with city or state funds, our Center has never received city, state or federal assistance to help cover the cost of operations, and has continued to operate without debt since Dole Cannery days in 1989.

Hawaii has a truly “world class” children’s museum today because of the extraordinary efforts of a core group of individuals and a small professional staff. It is testament to the power and passion of volunteers in our community.

Obtaining the CIP funds needed for the needed improvements is critically important at this juncture. The Center has completed the Special Management Area (SMA) use permit process, obtained approval for the improvements from the Hawaii Community Development Authority (HCDA), and the project was put out to bid in December. There is only a small window to accomplish the construction and the Center’s Board of Directors has approved a loan from the Center’s operating reserves in order to move forward at this time. But, if those funds are not replenished, the Center will not be able to cover its annual operating deficit, once construction is completed.

The Center has operated in a fiscally responsible way over the past nine years and has been totally self-supporting. To date, the Board of Directors has raised \$3 million out of the \$4.8 that is needed for construction. The total campaign goal of \$5.4 million would enable staff to address badly needed technical upgrades and exhibit improvements. If we do not proceed at this time, it is likely that we will be crippled in our ability to serve the growing numbers of families and school children that can benefit from our services.

Raising money is always challenging for nonprofit organizations and, with the needs in our community so great, it is understandable that funding requests come under tight scrutiny. However, if we cannot address the social, emotional and educational needs of our children at an early age, the problems that we will encounter as our children become teens and adults are far more difficult and costly to rectify, and are sometimes impossible to remedy.

The Children’s Discovery Center is a cornerstone for early education in Hawaii. It has already served well over 500,0000 visitors and is a resource that is treasured by our local children and families. This is an organization committed to the future of Hawaii, and we need your partnership with us in this important undertaking in order to secure a brighter future for our children. Thank you in advance for your support.