



PROUDLY SERVING DISTRICT 14

KAPALAMA · 'ĀLEWA · KALIHI · KALIHI VALLEY · FT. SHAFTER · MOANALUA GARDENS & VALLEY · RED HILL



A GRANT PROGRAM TO MAKE
COMMUNITIES MORE LIVABLE
FOR PEOPLE OF ALL AGES WITH
TANGIBLE IMPROVEMENTS
THAT JUMP-START LONG-TERM
CHANGE



Have a great project idea for your community?

### **APPLY FOR A 2023 GRANT TODAY!**

Eligible application for the 2023 grant program will be accepted from:

January 18 - March 15, 2023 at 5:00 pm ET

Learn more and apply:

AARP.org/CommunityChallenge

### Honolulu Museum of Art

Bank of Hawaii Free Family Sunday



February 19, 2023 10:00am - 2:00pm

900 S. Beretania St. Honolulu, HI 96814



Congratulations on our 87 Hawaii Public School Educators for earning or renewing their Nation Board for Professional Teaching Standards Certification – a recognition for meeting the highest standards for teaching!



Hawaii State Capitol, Room 218 415 S. Beretania St. Honolulu, HI 96813 Phone: (808) 587-7200 Fax: (808) 587-7205 Email: senkim@capitol.hawaii.gov Website: www.capitol.hawaii.gov

### Hawaii State Public Library System's New Technology (HSPLS)



This year, HSPLS installed hundreds of new public computers, printers and technology in all of their 51 branches statewide. Mahalo to the Institute for Museum and Library Services (IMLS) and the federal American Rescue Plan Act for providing critical funding to promote economic recovery and ensure equitable outcomes for those hard hit by the recent COVID-19 pandemic. Our libraries were able to invest in new public computers and other technology to meet the needs of our communities.

## What is the Roots Project?

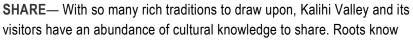
The Roots Project strives to improve the social, physical, and mental health of the people of Kalihi Valley, and that of its visitors, through three key means:





GROW—At Hoʻoulu ʻĀina Nature Preserve in the back of Kalihi Valley, community volunteers and visitors can become mahi ʻāina, farmers of the land, by working in our community garden. Volunteers have the opportunity to participate in all phases of land stewardship, from agroforestry to growing and maintaining a garden organically. Working side by side, community members can forge an intimate relationship with the land, their food, and each other as they care for growing things all the way from 'āina to table

PREPARE—Roots supports the community coming together to work with food and medicinal plants. Whether in the garden-side kitchen at Hoʻoulu ʻĀina, the community kitchen at the KKV Health Center, at Kalihi schools and partner sites, on Third Saturday community workdays, or any other day of the week, diverse people of all ages and backgrounds can harvest and prepare food as a group. A happy, full kitchen creates a happy, connected community.





that, by sharing dishes and meals, people are able to express important parts of their heritage and life experiences, even as they learn about the experiences of others. People come away from eating together with expanded minds and satisfied bellies. These social connections help to strengthen the health of our community. As we celebrate difference through experiencing a bright array of traditions, we better understand the things that we share in common.

For more information, please go to https://www.rootskalihi.com/ or call (808) 841-7504



# Four-Year "Kupuna" Driver's License for ages 72-79

In 2022, the Hawai'i Legislature determined that drivers age 72 and older but younger than 80, without conditions that could impair their driving ability, are safe enough to have a license renewal period of four years rather than two years. This change to state law took effect on Jan. 1, 2023.

## **Aloha Medical Mission (AMM)**



AMM is a nonprofit and volunteer based organization that has been serving Hawaii with free healthcare to the homeless, the uninsured and the indigent since the early 1990's. AMM's Project *Kokua me ka Laulima* has developed the collaboration of two local hospitals (Queen's Medical and

Castle Medical), private surgeons and anesthesiologists, and two community centers on Oahu (Kalihi-Palama and Kokua Kalihi Valley) to provide free outpatient general surgery services to the insured poor. During the last 30 years, AMM has also done 142 missions overseas in 16 different counties. In 2002 AMM establishes Hawaii's only free dental clinic serving roughly 30% of the state population, approximately 120 patients per month. If you like to donate, volunteer, or receive any of AMM's services you can contact them at:



### **Address**

Aloha Medical Mission 200 N. Vineyard Blvd. Unit B-120 Honolulu, HI 96817

### **Administrative Office**

Phone: (808) 847-3400 Fax: (808) 847-3443

Email: info@alohamedicalmission.org

### **Dental Clinic**

Phone: (808) 847-3400 Fax: (808) 847-3443

Email: clinic@alohamedicalmission.org